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The articles published in this newsletter are presented for informational purposes and topics of discussion and do not necessarily represent the opinions or recommendations of the Civil Aviation Medical Association.

Flight Physician



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(CAMA) Contact Information**

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A publication of the Civil Aviation Medical Association

CAMA ANNUAL SCIENTIFIC MEETING REGISTRATION OPEN AS OF MAY 5, 2025!!!

Effective Monday, May 5, 2025, the 2025 CAMA Annual Scientific Meeting September 18-20, 2025, will be open for registration for our three day training meeting at Spokane, WA, using the CAMA website at civilavmed.org. If you have not yet taken care of paying your 2025 CAMA membership dues payment or 2025 Corporate Membership payment, please do that before you go online to register for the Spokane, WA, three day training meeting. If you are unaware of whether or not you have made the appropriate personal or corporate dues payments for 2025, please contact Sherry Sandoval, EVP, to get the appropriate membership payment information reported directly to you.

We have been informed as to the Room Numbers for the two CAMA programs are. **On Sunday, June 1, 2025, the CAMA Sunday Scientific Meeting will take place in the Hanover Hall F/G starting at 08:00 AM through 12:10 PM. On Monday June 2, from 12:00 PM to 02:00 PM, the Civil Aviation Medical Association (CAMA) Lunch will take place at Grand Hall C/D.** We recommend that individuals attending the meeting should to download the AsMA-UHMS App in order to see the programs and event names, as well as the room numbers to find the locations where you wish to attend. The AsMA-UHMS has updated effective April 14th this terrific sync to be downloaded to your telephone, iPad, or computer to be able to see all events, speakers, exhibitors, attendees, and information for the AsMA-UHMS.

If you wish to give CAMA a registration form (attached in this newsletter) and pay with a check, please bring it to CAMA table during the the AsMA meeting. Sherry will be headed home after the meeting to make it back to UTSW for treatment to take place on June 16, 2025.

You may use the CAMA website at any time to pay membership dues on the "Members' Lounge," and after 05/05/25, you may register for the Spokane meeting on the "Annual Meetings" page.

You also may make a hotel reservation using the links on the registration form online or the link just prior to the Mirabeau Park Hotel advertisement in this newsletter. If you wish to be an attending Corporate Member exhibitor, please notify the EVP to request a special exhibitor registration if you are not registering as a regular member.

2024-2025 CAMA Officers:

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*Leigh L. Speicher, MD MPH
CAMA President 2023-2025*

Leigh L. Speicher, MD, MPH is board certified in Internal and Aerospace Medicine. She serves as a Consultant within the Section of the Executive Health Program at Mayo Clinic in Florida. Dr. Speicher is a licensed private pilot and a Senior FAA Aeromedical Examiner. She serves as a director of the annual Mayo Aerospace Medicine Elective. Dr. Speicher is an Associate Professor of Medicine. She is a Fellow of the American College of Physicians, Aerospace Medical Association, and the Civil Aviation Medicine Association.

Dr. Speicher earned her Bachelor of Science at Eckerd College in St. Petersburg, Florida and her medical degree from the University of Miami School of Medicine in Miami, Florida. She completed a general surgery internship at the National Navy Medical Center in Bethesda, Maryland and served as a Flight Surgeon for VP-30 at Naval Air Station Jacksonville while on active duty in the US Navy. She completed combined Internal and Aerospace Medicine Residency at the University of Texas Medical Branch in Galveston, Texas, where she also obtained a Master of Public Health degree. During this time, she continued to serve in the US Navy reserves attaining the rank of Commander before separating. She worked in the medical appeals department for the FAA prior to joining Mayo Clinic in 2012. Dr. Speicher enjoys spending time with family, traveling, and scuba diving.

CAMA President's Message

Thank you for reading this special addition of the CAMA Flight Physician Newsletter. This is the time of year when all our main CAMA events become open for registration, and we want to make sure to get the word out. The 2025 AsMA-UHMS Annual Scientific Meeting is quickly approaching. It will be held in Atlanta from June 2-6, 2025. CAMA Sunday (6/1/25) and our CAMA luncheon (6/2/25) are both listed on the registration page. CAMA Sunday is free and offers 4 CME credits. As of 4/11/25, 108 guests have registered. The CAMA luncheon costs \$50 if you join us for lunch or is free if you just want to watch and offers 1 CME credit. The last day to register for luncheons at AsMA is 5/26/25. We are also happy to announce that on 5/5/25, we will open registration for our CAMA Annual Scientific meeting which is being held in Spokane, WA from September 18-20th. Registration can be completed at AsMA, via mail, or online on the CAMA website. The conference hotel is already accepting reservations at a discounted conference rate. I hope to catch up with many of our members at these 3 events!

Outside of CAMA, I have recently been involved in two other aerospace events. I had the pleasure of going to SUN 'n FUN last weekend. This is an aerospace expo that is held annually in Lakeland, Florida. It is the 2nd largest in the US after Oshkosh. I had not gone since I was a child and am so glad that I got to go back with my family in tow. I was able to catch up with several FAA doctors and our very own Dr. Sergio Seoane. He served as the director of medical services for the air show and has been

volunteering for the last 17 years. It turns out that fellow trustee, Dr. Herminio Cuervo-Delgado, got him interested in volunteering. The medical building has now been named after him, though they do need to fix the spelling on the sign! Looks like Sergio is going to continue this tradition by recruiting me to volunteer. The planes, vendors, and Blue Angels performance were all great, but the night airshow was simply spectacular! In the picture below, Sun 'n Fun is spelled out with drones. We were able to check out my son's favorite plane afterward and see how the fireworks are rigged to the wings. Pretty cool! I would highly recommend going for anyone who wants to head down to Florida for it next year from April 14-19, 2026. (Continued on Page 4)

Leigh, Spike, and Will Speicher with the "Mooney Anomaly" behind them



Lastly, registration is open for the International Congress of Aviation and Space Medicine (ICASM). This is being held in Singapore from October 27-30, 2025. I just registered yesterday, but the early bird rate is open until the end of July. I'm working on an abstract which is due at the end of April. If anyone is considering giving a presentation, that due date is quickly approaching! I would of course love to catch up with any of you at this amazing destination as well!



Drs. Leigh Speicher and Sergio Seoane in front of the medical building at SUN 'n FUN (Photo by Dr. Seoane)



Drone Display at the night airshow



Drs. Richard Carter, Leigh Speicher, Arnold Angelici, and Robert Craig-Gray at the FAA Building



Will Speicher's favorite plane at the airshow. You can see firework rigging on each wing if you look closely.



Close up on firework rigging under the wing

CAMA SUNDAY PROGRAM FOR ASMA-UHMS ON JUNE 1, 2025, and CAMA LUNCHEON JUNE 2, 2025

CAMA Sunday, Sunday, June 1, 2025, Hanover Hall G/G, in Hyatt Regency Atlanta

08:00 AM—08:10 AM

Welcome and Introductions

08:10 AM—09:00 AM

Psychiatric Perspectives on European Aerospace Medicine

Speaker—Dr. Philip Brady MBBCh BAO MSc MInstP MRCPsych MCPsychI, will discuss from a European perspective, the psychological issues concerning pilots and passengers involving aviation and space travel. At the conclusion, the audience will be able to understand the complicated environment and to recognize stresses placed on those travelers and pilots. This can then be applied to medical personnel who authorize or advise those on such flights for safety concerns.

09:00 AM—09:50 AM

Aviator Mental Health: Doc, I'm good, now. Why can't I fly?

Speaker—Christopher F. Flynn, MD, will present mental health issues that should concern the aviation community. At the end, the learners will be able to recognize abnormal psychiatric behavior and the lack of self awareness of those who are affected. Those problems can then be addressed for referral and thus increase aviation safety.

09:50 AM -10:AM AM **BREAK**

10:00 AM —12:00 Noon

Time to Change our Thinking, Our Thinking around Color Vision Deficiency. Will discuss physiology of color vision deficiency, occupational considerations of color vision deficiency, and aspects of color vision deficiency testing

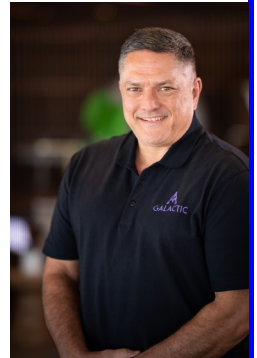
Speakers—Robert Kittinger, PhD; Kevin Kapov, MD; and TJ Waggoner, MBA, MIOP, will discuss physiology of color vision deficiency, occupational considerations of color vision deficiency, and aspects of color vision deficiency testing. In conclusion the audience will be able to understand some of the health issues involving color deficiencies, new methods to accurately identify these deficiencies, and how to apply this to your practice, especially in aviation medicine.

Effective Monday April 14, 2025, the room numbers and additional information have been provided on the AsMA-UHMS application. Please download this wonderful application onto your iphone, iPad, computer, etc.

CAMA Luncheon, Monday, June 2, 2025 from 12 Noon to 02:00 PM, Grand Hall C/D, in Hyatt Regency Atlanta

CAMA One Hour Special Presentation during Luncheon:

Duncan G. Hughes, MD, PhD, Chief Medical Officer for Virgin Galactic, will give an hour presentation entitled **"Opening, Space Flight Aperture."** In the advent of space flight, there are a multitude of environmental, physiological, and mental challenges to overcome. These issues will be addressed and in conclusion, the attendees will be able to better understand the issues of space flight and then address them with those involved during physical examinations and consultations.



*Duncan G. Hughes, MD, PhD
Chief Medical Officer for Virgin Galactic*

The CAMA Sunday program on June 1, 2025, has been rated by AAFP for 4 hours of a CME certificate to attendees from CAMA, based on the evaluation of the lectures as reported by Dr. Mark Eidson, MD.

The CAMA Luncheon on Monday June 2, 2025, has been rated by the AAFP for 1 hour of CME certificate to participating attendees signed in at the lunch.

The AsMA Honors Night ceremony will take place on Thursday night, June 5, 2025. The CAMA President Elect, Gregory Pinnell, MD, will be the presenter of the CAMA sponsored awards during this AsMA Honors Night Ceremony. These two yearly awards, both sponsored by CAMA, are the John A. Tamisiea Award and the John D. Hastings Award. We hope that if you are in attendance at the AsMA Annual Meeting 2025, you will be at the Honors Night Award Ceremony to see the CAMA sponsored awards presented.

CAMA Refund Policy

As of 01/01/2018, the cancellation/refund policy with regard to Annual Scientific Meeting registration fees and guest fees has been established as follows:

- 1) If a refund is requested due to cancellation of attendance **prior** to the catering guarantee date (*normally about three weeks prior to the first day of the meeting – it varies by hotel, caterer, and location*), 10% of the total registration fee amount, or \$75.00, whichever is greater, will be withheld to cover bank and service processing fees.
- 2) If a refund is requested due to a cancellation of attendance **after** the catering guarantee date, the cost of the meals will be withheld from the refund, plus 10% of the total registration fee to cover bank and service processing fees.
- 3) **Dire** or **unusual** circumstances which require cancellation/refund (attendee and/or guest fees) after the guarantee date will be determined on a case by case basis (death in the immediate family, accidents, emergency surgery, etc.), but the 10% fee will be applicable in all cases.
- 4) The cutoff date for the guarantees are shown on the registration form for each year, so that there will be no misunderstandings. This year the cut-off date is August 20, 2025.

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**CIVIL AVIATION MEDICAL ASSOCIATION
ANNUAL SCIENTIFIC MEETING, SEPTEMBER 18-20, 2025
MIRAMEAU PARK HOTEL, SPOKANE, WASHINGTON 99037**

ATTENDEE NAME & TITLE*:		AME NUMBER:	
*(MD, DO, MBChB, MBBS, PhD, MS, etc.) SPECIALTY:			
ARE YOU BRINGING A SPOUSE OR OTHER GUEST(S) WHO WILL BE EATING MEALS WITH YOU, AND/OR GOING ON THE FIELD TRIP WITH YOU?			
		YES:	NO:
SPOUSE/GUEST NAME AND TITLE* IF APPLICABLE:			
NOTE: There is a \$1095.00 registration fee for each participating guest to cover eight meals and the field trip. (Tickets to the field trip and/or banquet are NOT sold separately. If your guest is also a medical professional in need of CME, please provide that information and titles.)			
ATTENDEE ADDRESS:			
(Please use the address you wish to be used in the participant roster that will be given to all in attendance)			
CITY:	STATE/PROVINCE:		
ZIP:	COUNTRY:	PHONE:	
EMAIL (REQUIRED):		CELL PHONE:	
DO YOU OR YOUR GUEST HAVE ANY SPECIAL DIETARY NEEDS?	YES: ?	NO: ?	PLEASE DESCRIBE: (Vegan, Vegetarian, Gluten Intolerant, etc.) and indicate which individual.
REGISTRATION FEE MAY BE PAID BY CHECK (U.S. DOLLARS) OR CREDIT CARD			
CREDIT CARD TYPE:	VISA: ?	MASTER CARD: ?	AMERICAN EXPRESS: ?
CREDIT CARD NUMBER:	SECURITY CODE (CVV)	ZIP CODE OF CARD BILLING ADDRESS	
EXPIRATION DATE:	SIGNATURE:		
AUTHORIZED CHARGE AMOUNT (U. S. DOLLARS):			
CHECK ENCLOSED (U.S. DOLLARS):	CHECK AMOUNT:		

PERSONS REGISTERING TO ATTEND THE CAMA ANNUAL SCIENTIFIC MEETING - PLEASE MAKE YOUR HOTEL RESERVATIONS ONLINE BY USING THE FOLLOWING LINK (use "control" + click to activate link):

<https://reservations.mirabeauparkhotel.com/servlet/SendPage?hotelid=1798&skipfirstpage=true&page=2062>
THIS IS A SPECIAL LINK EXCLUSIVELY FOR CAMA MEETING ATTENDEES TO USE TO RECEIVE THE CAMA ROOM RATE OF \$169.00, PLUS APPLICABLE FEES AND TAXES. ALL RESERVATIONS MUST BE MADE BY AUGUST 29, 2025, TO RECEIVE THE CAMA RATE AND FOR AVAILABILITY. ROOMS AFTER THAT DATE ON AVAILABILITY BASIS ONLY.

CAMA MEMBER REGISTERED ON OR BEFORE AUGUST 29, 2025 -----	\$1595.00 U. S. DOLLARS
CAMA MEMBER REGISTERED AFTER AUGUST 29, 2025 -----	\$1645.00 U. S. DOLLARS
SPOUSE/GUEST OF ATTENDEE -----	\$1095.00 U. S. DOLLARS
*NON-MEMBER REGISTERED ON OR BEFORE AUGUST 29, 2025 -----	\$1870.00 U. S. DOLLARS
*NON-MEMBER REGISTERED AFTER AUGUST 29, 2025 -----	\$1920.00 U. S. DOLLARS

NOTE: Registration and guest fees include 8 meals – Buffet breakfast and lunch on Thursday, Friday, and Saturday, a field trip to the Forrest Bird Aviation Museum and Invention Center with a catered dinner on Thursday night, and the Honors Night Banquet on Friday Night. No activities are scheduled for Saturday evening.

***NON-MEMBERS - IF YOU WISH TO REGISTER AT THE LOWER MEMBER RATE, YOU MAY BECOME A MEMBER OF CAMA BY REQUESTING A 2025 MEMBERSHIP FORM OR BY COMPLETING THE FORM ONLINE AT OUR WEB SITE WWW.CIVILAVMED.ORG ON THE MEMBERS' LOUNGE PAGE. THE FORMS CAN BE SUBMITTED SIMULTANEOUSLY.**

SUBMIT REGISTRATION FORMS ONLINE VIA OUR WEB SITE, OR BY EMAIL, FAX, OR REGULAR MAIL TO:

CIVIL AVIATION MEDICAL ASSOCIATION
P. O. BOX 823177, DALLAS, TX 75382

PHONE: 770-487-0100
FAX: 770-487-0080
EMAIL: civilavmed@aol.com

*All registrations will be acknowledged by email - an email address is required. If you do not receive a confirmation email that your registration has been received, please contact CAMA. We do not share email addresses with any other groups or individuals. **YOU MAY ALSO REGISTER AND PAY ONLINE AT WWW.CIVILAVMED.ORG on the ANNUAL MEETING PAGE.***

THIS MEETING IS APPROVED FOR FAA-AME PERIODIC TRAINING. CME HAS BEEN APPLIED FOR.

7 Flight Physician May 2025

AVIATION MEDICAL

Division, AAM400, OKC, OK



CAMA

**Mirabeau Park &
Convention Center
1100 North Sullivan Road
Spokane, WA 99037
Telephone: 509-924-9000**

**THE CIVIL AVIATION
MEDICAL ASSOCIATION
ANNUAL SCIENTIFIC MEETING
September 18 – 20, 2025**

Contemporary Practice Issues in Aerospace Medicine

NOTE: CAMA SSID/Conference WiFi password is: WILL RECEIVE PASSWORD AT MEETING

FRIDAY, SEPTEMBER 20, 2025

**Aerospace Medical Education
Division, AAM400, OKC, OK**

11:15 AM to 12:15 PM	"Commercial Space Medicine" Basil P. Spyropoulos, MD CAMA Space Medicine Committee, Elmhurst, IL	08:00 AM to 09:00 AM	"Alcohol and Drug Use: Roadmap to Certification" Christopher F. Flynn, MD Psychiatrist, Washington, DC
12:15 PM to 12:30 PM	CAMA Business Meeting	09:00 AM to 10:00 AM	"Obstructive Sleep Apnea and Fatigue" Jason Stigmon, MD, FACS Federal Medical Officer, Aerospace Medical Education Division, AAM400, OKC, OK
12:30 PM to 01:30 PM	Luncheon Buffet Hotel Dining Room	10:00 AM to 10:15 AM	Morning Break
01:30 PM to 02:30 PM	"Aviation Neurology Update" Richard Roman Murphy, MBChB, FAAN – Medical Appeals Branch Manager, Washington DC	10:15 AM to 11:15 AM	"Mental Fitness to Fly: Pathway to Psychiatric Certification" Chadwick Burgdorff, MD FAA Psychiatry Deputy Branch Manager Washington, DC
02:30 PM to 02:45 PM	Break	11:15 AM to 12:00 Noon	"Ophthalmology" Alan Kozarsky, MD Atlanta, GA
02:45 PM to 03:45 PM	"Update on Behavioral and Cognitive Health in Aviation Certification" Chadwick Burgdorff, MD, FAA Psychiatry Deputy Branch Manager, Washington, DC and Joyce Fowler-Hoover, PhD, FAA Neuropsychology Branch Manager, Washington, DC	12:00 Noon to 01:00 PM	Luncheon Buffet Hotel Dining Room
03:45 PM to 04:45 PM	"Brain Tumors – Contemporary Prognostication and Emerging Treatments" Maclej Mrugala, MD Mayo Clinic, Scottsdale, AZ	01:00 PM to 02:00 PM	"Update on Medical Certification of Cardiac Conditions" Andrew H. Miller, MD Cardiology, Skybury, TX
06:30 PM to 07:00 PM	Happy Hour Ballroom Foyer	02:00 PM to 02:15 PM	Afternoon Break
07:00 PM to 08:00 PM	CAMA Honors Night Banquet Ballroom Ponderosa/Juniper The dress is business casual – more formal wear optional.	02:15 PM to 05:00 PM	Case Study & Panel Discussion: "Would You Fly with This Pilot?" – Aeromedical Decision-Making"
08:00 PM to 09:00 PM	Keynote Presentation: Stephen JH Veronneau, MD, MPH, Retired FAA NWM Regional Flight Surgeon, Seattle, WA	Moderator: Brett A. Wyrick, DO, MPH, Deputy Federal Air Surgeon Washington, DC	Panel Members: Richard R Murphy, MBChB, Neurology Andrew H. Miller, MD, Cardiology Christopher F. Flynn, MD, Psychiatry Judith A. Frazier, MD, MPH, FAA Alan Kozarsky, MD, Ophthalmology
09:00 PM to 09:30 PM	Awards ceremony	05:00 PM	Adjourn**
07:00 AM to 08:00 AM	Networking Breakfast Buffet Ponderosa/Juniper	SATURDAY, SEPTEMBER 21, 2025 **Please pick up your CME Certificate from the CAMA table at the completion of the meeting on Saturday. To receive FAA credit for recertification/refresher training, you must complete the FAA test online no later than Tuesday, September 23, 2025.	

No CAMA dinner is planned for Saturday evening. You are free to plan your own activities for the evening or to depart for home if you prefer.

Emergency Contact During the Meeting:
Sherry Sandoval, CAMA EVP
Call or Text 770-487-0100

PROGRAM OBJECTIVES:

- To understand and apply the changes in aviation medicine to the individual's private practice
- To assess specific clinical conditions/disciplines with respect to aviation medicine to correctly utilize the Federal Aviation medical standards with the specific conditions discussed
- To Comprehend the FAA medical program initiatives
- To understand to be able to work with the aeromedical certification system
- To comprehend the legal aspects of being an AME

This program is approved for FAA-AME training. Up to 21.75 hours of CME may be provided.

Civil Aviation Medical Association
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Web Site: www.civilavmed.org

You may wish to download the Visit Spokane which allows you to check out exclusive savings/ discounts at participating restaurants, restaurants and attractions throughout the city.

1. Download the free Visit Spokane App from the App Store
2. Browse exclusive savings and deals
3. Redeem at participating partners

The following advertisement is provided for informational, planning purposes, and making hotel reservations at the Mirabeau Park Hotel, Spokane Valley, Washington, the host hotel for the CAMA 2025 Annual Scientific Meeting. The conference will take place September 18-20, 2025. Registration for the 2025 annual meeting will open May 5, 2025, and we recommend making your reservation as early as possible in order to make sure you have a hotel room ready for you.

Best registration is to go to CAMA website at civilavmed.org, Annual Meeting Page and file using the registration form on the CAMA website. If you prefer to send a check with your registration form, please send it to the Dallas Post Office Box after the middle date of June 2025, as CAMA is participating prior to and during the AsMA meeting in Atlanta, GA.

Following is a link with which to make room reservations for the 2025 Annual Scientific Meeting for those of you who prefer to plan in advance.

<https://reservations.mirabeauparkhotel.com/servlet/SendPage?hotelid=1798&skipfirstpage=true&page=2062>

If you wish to make your reservations earlier or after the Civil Aviation Medical Association training, you may call the number shown below for Mirabeau Park Hotel and request the same rate several days before and after the training. Telephone 509-924-9000



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September 16th-20th 2025
\$169.00 a Night!!





This is for the 2025 Annual Scientific Meeting only. LINK:

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www.theamesite.com

Resources for AMEs

The AME Site is dedicated to helping AMEs function more efficiently by providing tools and resources AMEs can use both during and outside of clinic hours.

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Message from the Executive Vice President of CAMA—Please remember that CAMA **members** receive the best access to registration for CAMA activities and meetings, as well as reduced pricing for the Annual Scientific Meeting. An individual membership is only \$250 per calendar year. If you have not already done so, please go to the “Members Lounge” page of the CAMA website (www.civilavmed.org) and join CAMA or renew your CAMA membership today, so that you do not miss out on any CAMA activities, news, or educational opportunities! Call the CAMA Home Office at 770-487-0100 if you have any questions or if you wish to check your membership status for 2025.

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*Erwin Samuelson
Senior AME*



"They do all the work while we get the credit and the thanks from the pilot. They are knowledgeable, quick, well known to the FAA Aeromedical structure and make the special issuance process a breeze."

*James Butler, Senior
AME, Board Certified
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<https://blinq.me/xE2nXZ1SQePmvE4hWVif>

Home Office Activities and Information



*Sherry Sandoval
CAMA Executive Vice President*

Dues and Membership 2025

Current Regular membership dues for a calendar year are \$250.00; Sustaining Membership is \$500.00; a fully retired AME may retain CAMA membership for \$85.00; Life Membership is currently \$2500.00; and Corporate Membership is \$550.00. Medical Students, Interns, and Residents may become CAMA members at no cost. The various dues forms are available at the end of this newsletter and can also be accessed on the Members Lounge page of the CAMA website at www.civilavmed.org. If you have not done so already, please take a few moments to pay your 2025 CAMA dues so that you do not miss out on any news or activities or take this action after January 1st in 2025 if you prefer.

The easiest and safest way to pay your 2025 CAMA dues is to go to the Civil Aviation Medical Association website at www.civilavmed.org and click on the "Members' Lounge" page of the website. Once you are onto the "Members' Lounge" page then click onto one of the dues renewal/membership links to pay your appropriate 2025 membership dues. The dues amount remains the same as it was in 2024. This link permits you to renew your personal membership as either a regular member at \$250.00 yearly dues, \$85.00 retirement member dues (as long as you are actually retired and no longer performing duties as an FAA AME), or \$500.00 as a Sustaining Membership. Here is the renewal online payment form link: [Personal Membership and Renewal with Online Payment](#)

Here is a second link that can be used to renew your Corporate Membership so that your corporation can continue to be advertised in the CAMA newsletter and to participate in the yearly CAMA Annual Scientific Meeting as an attending member and as an exhibitor during the meeting: [Corporate Membership & Renewal with Online Payment](#)

Call the CAMA Home Office at 770-487-0100 or email civilavmed@aol.com if you have questions or experience problems using the CAMA website to pay your annual dues.

2025 Annual Scientific Meeting in Spokane, Washington

Effective Monday May 5, 2025, the CAMA website at civilavmed.org now can be used to register to attend the three day Civil Aviation Medical Association Annual Scientific Meeting. We are very pleased to announce that our 2025 Annual Scientific Meeting will take place September 18-20, 2025, at the Mirabeau Park Hotel in Spokane, Washington. The hotel includes a fabulous destination restaurant called Max, and Chef Andrew has promised us an amazing dining experience during our conference! You may go online from either the CAMA registration form on Page 6 or on the Mirabeau Park Hotel advertisement on Page 10 to make your hotel room reservation.

The Forrest Bird Aviation Museum and Inventor Center, located at Pappy Boyington Field just north of Coeur d'Alene, Idaho, is about half an hour bus ride from the Mirabeau Park Hotel and will host our 2025 field trip and catered dinner. Forrest M. Bird, MD, PhD, was President of CAMA 1993-1995, and was a tremendous supporter of the organization until his death in 2015. His wife, Pamela Riddle Bird, carried on his support of CAMA until her passing later in 2015. Her daughter, Rachel Riddle Schwam, is the Executive Director of the museum and looks forward to hosting CAMA at Dr. Bird's museum among some of his favorite airplanes, cars, and amazing inventions, including the first mechanical respirator and the "Babybird" respirator that reduced the rate of breathing-related infant mortality from 70% to 10%.

To read more about this fascinating individual who was such a huge part of CAMA history, check out his Wikipedia page at [Forrest Bird - Wikipedia](#).



EDUCATIONAL OPPORTUNITIES

Online Training, Refresher, and Resources for Continuing Medical Education (CME) Credit

If you are interested in becoming an AME, please contact the [FAA Regional Office](#) responsible for your locality. AME seminar attendance requires advance approval of the [AAM-400 Education Division](#).

Available resources from FAA 400 Education Division:

1. FAA AME refresher courses

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/seminar_schedule/

- Registration opens three months prior to the start date of the seminar.
- Participants must have an FAA Designee Registration System account (DRS) to sign up for the AME Refresher course
- If you do not have an account on DRS and wish to have one, click the following link for instructions:

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/media/drs.pdf

2. To locate other online courses that offer CME, click the following link:

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/amettraining/

- Clinical Aerospace Physiology Review for Aviation Medical Examiners (CAPAME) – 6 hours American Association of Family Practitioners (AAFP) CME credit available
- Multimedia Aviation Medical Examiner Refresher Course (MAMERC) 3.0 - 6 hours AAFP CME credit available

Aviation Medical Examiner (AME) Designee Information

An Aviation Medical Examiner (AME) serves the Federal Aviation Administration (FAA) and the flying community by medically certifying pilots. Each pilot is required to meet specific medical standards depending on the class of medical certificate for which the pilot applies. The FAA Regional Flight Surgeon (RFS) in your area is responsible for determining the current need for AMEs in their region.

If you are appointed by the RFS to become an AME, you are required to attend a week-long training seminar, typically conducted four times each year in Oklahoma City, Oklahoma. This seminar is also known as the Basic AME Seminar.

After successfully completing the Basic AME seminar, subsequent training is required at three-year intervals. This training is available via our [AME Seminars](#) held at various locations in the United States. Some AME training can be completed on-line. Our AME training is accredited by the Accreditation Council for Continuing Medical Education and does meet your Continuing Medical Education (CME) requirements.

FEDERAL AIR SURGEON'S PILOT MINUTE VIDEO FILES

(To activate each link, use "control" and "mouse click" at the same time)

[Pilot Minute: Can I get my medical approved if I've had a head injury?](#)
[Pilot Minute: When can an AME issue a medical certificate after a DUI?](#)
[Pilot Minute: How can I get a medical certificate with a history of leukemia or lymphoma?](#)
[Pilot Minute: Why should I be concerned about herbal remedies?](#)
[Pilot Minute: How does being hot and thirsty affect my flying?](#)
[Pilot Minute: Can I get my medical approved if I used to be on medication for ADHD?](#)
[Pilot Minute: Can I take a weight loss drug and still fly?](#)
[Pilot Minute: What are some aviation specific reasons to stay fit?](#)
[Pilot Minute: What happens to my ability to control an aircraft if I'm too cold?](#)
[Pilot Minute: If I'm on BasicMed, would I ever have to come back through the FAA again?](#)
[Pilot Minute: What happens when I get diagnosed with prostate cancer?](#)
[Pilot Minute: What happens if I get a DUI?](#)
[Pilot Minute: Do I have to report all skin cancers?](#)
[Pilot Minute: How can I get my medical certification if I have high blood pressure?](#)
[Pilot Minute: Is there a better way to get medical documents to the FAA?](#)
[Pilot Minute: How can I survive a crash in the desert?](#)
[Pilot Minute: What are some important safety considerations regarding sunglasses?](#)
[Pilot Minute: What is a verbal authorization and how does it work?](#)
[Pilot Minute: Why is it important to report disability benefits in MedXPress?](#)
[Pilot Minute: What is jet lag and how can I prevent it?](#)
[Pilot Minute: How is the FAA approaching new treatments for cancer?](#)
[Pilot Minute: How do we encourage the brightest minds into aviation?](#)
[Pilot Minute: How do I check my application status in MedXPress?](#)
[Pilot Minute: Is it okay to fly if I'm just a little tired?](#)
[Pilot Minute: What should I do if I have depression or anxiety?](#)
[Pilot Minute: Why is it important to assess my health before piloting an aircraft?](#)
[Pilot Minute: Why is it important to do a PRICE check before and during a flight?](#)
[Pilot Minute: Why is it important to be careful with over-the-counter cold and sleep medications?](#)
[Pilot Minute: Why is acceleration tolerance important for general aviation?](#)
[Pilot Minute: What are the most essential items for a good survival kit?](#)
[Pilot Minute: What's going on with the Aeromedical Summit?](#)
[Pilot Minute: What are some tips for speeding up my medical certification?](#)



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- Issue more certificates and shorten deferment timelines with our case management for new SI, AASI & CACI

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AVIATION MEDICAL EXAMINER (AME) SEMINAR SCHEDULE 2025

For full information, visit the FAA web site at: https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/seminar_schedule/

DATE OF SEMINAR	SEMINAR LOCATION	SEMINAR TYPE
May 16-18	Virtual (International)	Refresher
June 2-5	Atlanta, GA	AsMA
July 14-18	Oklahoma City, OK	Basic
August 8-10	TBD	Refresher
September 18-20	Spokane, WA	CAMA
October 20-24	Oklahoma City, OK	Basic
November 14-16	TBD	Refresher

The FAA recommends that you make sure all travel and lodging reservations are refundable. While scheduled to proceed as in-person seminars, one or more of these sessions may be rescheduled as a virtual seminar with little notice. These seminars will open for registration when the contract is approved and hotel room block information is received. The CAMA seminar registration will open in May 2025.

Register for a Refresher Seminar

Registration opens **three months** prior to the start date of the seminar. To register for a refresher seminar, you will need an account to access the Designee Registration System (DRS). Please review the instructions (PDF) on the FAA web site for creating a DRS account. Registration is open to the FAA Aviation Medical Examiner (AME)

If you are interested in becoming an AME, please contact the FAA Regional Office responsible for your locality. AME seminar attendance requires advance approval of the AAM-400 Education Division.

Accreditation Statement

The Civil Aerospace Medical Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Seminar Types

Basic

A 4 1/2 day AME seminar focused on preparing physicians to be designated as Aviation Medical Examiners. Contact your Regional Flight Physician

Refresher

A 2 1/2 day AME refresher seminar consisting of 12 hours of AME specific subjects. You must use the Designee Registration System (DRS) to register for a seminar.

Aerospace Medical Association (AsMA)

A 3 1/2 day AME seminar held in conjunction with the Aerospace Medical Association (AsMA). Registration must be made through AsMA. Call 703-739-2240, extension 106/107. A registration fee is charged by AsMA to cover their overhead costs. Registrants have full access to the AsMA meeting.

Civil Aviation Medical Association (CAMA)

Sanctioned by the FAA, this seminar is sponsored by the Civil Aviation Medical Association (CAMA) and does fulfill the FAA recertification training requirements. Registration may be completed through the CAMA website Annual Meeting page (www.civilavmed.org) or by calling CAMA at 770-487-0100.

AME MINUTE ISSUE GUIDE

The FAA issues monthly reminders/updates for Aviation Medical Examiners in the form of a brief audio file with information on an important subject. Following is a summary of the most recent AME Minute issuances, in case you might have missed one. AME Minute items may be accessed from the FAA archive at: https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/videos/

[AME Minute: Why should I be concerned about a pilot's English proficiency?](#)
[AME Minute: Why did the FAA develop a new CACI for Low T?](#)
[AME Minute: Why did the FAA change the wait times for COVID vaccines?](#)
[AME Minute: Why did the FAA distinguish head injury from brain injury?](#)
[AME Minute: Why are some examinations limited to clinically indicated procedures?](#)
[AME Minute: Where can I quickly locate medical certification updates?](#)
[AME Minute: Why are ECGs frequently repeated?](#)
[AME Minute: Why did the FAA update the technical requirement for ECGs?](#)
[AME Minute: Why is it important to correctly assign time limitations on a certificate?](#)
[AME Minute: Why is it important to review a pilot's past medical history?](#)
[AME Minute: Why did the FAA allow AMEs to issue pilots with BPPV?](#)
[AME Minute: Why did FAA establish rules for some diabetic medications for weight loss?](#)
[AME Minute: Why is a pilot's age relevant to a CACI issuance for glaucoma?](#)
[AME Minute: Why does the FAA have two tracks for ADHD?](#)
[AME Minute: Why should I warn my pilots about kava and kratom?](#)
[AME Minute: Why is it important to provide details in Item 60?](#)
[AME Minute: Why did the FAA add a CACI for essential tremor?](#)
[AME Minute: Why did the FAA add another medication for psychiatric conditions?](#)
[AME Minute: Why are categories required for documents when uploading in AMCS?](#)
[AME Minute: Why should I warn my pilots about kava and kratom?](#)
[AME Minute: Why did the FAA add a CACI for essential tremor?](#)
[AME Minute: Why are categories required for documents when uploading in AMCS?](#)
[AME Minute: Why do different categories of anticoagulants have different wait times?](#)
[AME Minute: Why does the FAA now allow AASI recertification for pilots with a history of CHD?](#)
[AME Minute: Why would a pilot need an interim medical certificate?](#)
[AME Minute: Why are categories required for documents when uploading in AMCS?](#)
[AME Minute: Why do I need to confirm a pilot's name matches official identification?](#)
[AME Minute: Why did the FAA change vision limitations?](#)
[AME Minute: Why are commercial balloon pilots asking for exams?](#)
[AME Minute: Why do CACIs require specific verbiage?](#)
[AME Minute: Why does the FAA list some medications as conditionally acceptable?](#)
[AME Minute: Why did the FAA revise the GO AME website?](#)
[AME Minute: Medical Certification Updates for the AME – September 2017](#)
[AME Minute: 10 Color Vision Testing](#)
[AME Minute: Why should AMEs review visits to health professionals?](#)
[AME Minute: Why would a pilot need a verbal authorization?](#)
[AME Minute: Why did I receive a letter about a vision restriction?](#)
[AME Minute: Why does the FAA disallow AMEs from using PRNC?](#)
[AME Minute: Why does the FAA allow recertification of pilots with CHD?](#)
[AME Minute: Why do different anticoagulants have different wait times?](#)
[AME Minute: Why did the FAA introduce a policy on the TAVR procedure?](#)
[AME Minute: Why is the FAA concerned about left atrial appendage closure?](#)
[AME Minute: Why are there new requirements for AFIB or A-Flutter?](#)
[AME Minute: Why can breast cancer be issued by an AME?](#)
[AME Minute: Why do AMEs need to update their profile in DMS annually?](#)
[AME Minute: Why did the FAA issue new guidance regarding pancreatitis?](#)
[AME Minute: Why is the FAA concerned about Over the Counter Sleep Aids?](#)
[AME Minute: Why does the monitoring protocol for ITDM require so many reports?](#)
[AME Minute: Why is the FAA now certifying pilots who are on insulin?](#)
[AME Minute: Why did the FAA add an upload feature to AMCS?](#)
[AME Minute: Why do pilots need to be concerned about CBD products?](#)
[AME Minute: Why do AMEs need to worry about Subpoenas? Part 2](#)
[AME Minute: Why do AMEs need to worry about Subpoenas?](#)
[AME Minute: Why is Unexplained Syncope Aeromedically Significant?](#)
[AME Minute: Why is an evaluation required post myocardial infarction?](#)
[AME Minute: Why is Chronic Immune Thrombocytopenia a CACI?](#)
[AME Minute: Why was the CACI program developed?](#)
[AME Minute: Why is an Incomplete Right Bundle Branch Block considered a normal variant?](#)

Civil Aviation Medical Association

Sustaining, Corporate, and Life Members

The financial resources of individual member dues alone cannot sustain the Association's pursuit of its broad goals and objectives. Its fifty-plus-year history is documented by innumerable contributions toward aviation health and safety that have become a daily expectation by airline passengers worldwide. Support from private and commercial sources is essential for CAMA to provide one of its most important functions: that of education. The following support CAMA through corporate and sustaining memberships, and we recognize the support of our lifetime members:

Corporate Members & Sponsors

Aerospace Medical Association (AsMA)
320 South Henry Street
Alexandria, VA 22314-3579
www.asma.org

Aerospace Medicine Strategic Consultation
(AsMSC), PLLC
1804 Kinsale Drive
Keller, TX 76262
aerospacemedicinestrategiccons.godaddysites.com/

Aircraft Owners & Pilots Association (AOPA)
421 Aviation Way
Frederick, MD 21701
www.aopa.org

AirDocs Aeromedical Support Services
Gregory Pinnell, MD
MBS International Airport
8430 Garfield Road
Freeland, MI 48623
www.airdocs.net

Air Line Pilots Association, International
John Taylor, National Pilot Assistance Chair
7950 Jones Branch Drive, Suite 400 S
McLean, VA 22102
www.alpa.org

Allied Pilots Association
14600 Trinity Boulevard, Suite 500
Fort Worth, TX 76155
www.alliedpilots.org

AME Solutions, LLC
Dean M. Olson, MD
1817 Highland Avenue, Unit 1135
Grafton, WI 53024
www.theamesite.com

Aviation Medicine Advisory Service
15530 E. Broncos Parkway, Suite 350
Centennial, CO 80112
www.aviationmedicine.com

Barnett Law Offices, LLC
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www.BarnettLegal.com

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Atlanta, GA 30320-9990
www.harveywatt.com

The Ison Law Firm
Anthony Ison, Esq.
P. O. Box 6342
Lakeland, FL 33807
www.thepilotlawyer.com

MedAire, Inc.
4722 N. 24th Street, Suite 450
Phoenix, AZ 85016
www.medaire.com

Neurocognitive Specialty Group
112 Magnolia Estates Drive
League City, TX 77573
www.neurocognitivespecialtygroup.com

Pilot Medical Solutions, Inc.
David Hale, CEO
7220 NW 63rd Street
Bethany, OK 73008
www.leftseat.com

Waggoner Diagnostics
16050 Quill Point Dr.
Rogers, AR 72756
(949) 396-1694
www.waggonerdiagnostics.com

Wingman Med, LLC
225 N. Pace Boulevard, Suite 410
Pensacola, FL 32505
PilotDoctors.com (Find an AME)
www.wingmanmed.com

There are a number of Corporate Members from 2024 who have not yet paid their 2025 corporate membership dues—if not received prior to the next newsletter, your company will be left off the list. Please go to the CAMA website “Members Lounge” and pay your 2025 corporate dues as soon as possible.

Life Members

Sarah E. Albers, MD, MPH
 Prof. Michael Bagshaw, MB BCH
 Raymond S. Basri, MD, FACS
 Sanjeev Batra, DO
 Kris M. Belland, DO, MPH
 Michael A. Berry, MD, MS
 David E. Blocker, MD, MPH
 Michael Boyer, MD
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 Chadwick Burgdorff, MD
 John R. Capurro, MD
 Daljeet Kimberley Chawla, MBBS, FCGP, DNBE
 George H. Coupe, DO
 Bill B. Curtis, MD
 Daniel A. Danczyk, MD, MPH
 Andrew J. Davis, MD
 M. Craig Delaughter, MD, PhD
 Rolando (Roy) Diaz, MD
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 Mohammed Eisa, MD
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 Lars Tjensvoll, MD
 Bruce A. Van Dop, DO
 Stephen J. H. Veronneau, MD, MS
 Kathryn Weesner, MD
 Alex M. Wolbrink, MD, MS



Following is a video on Aerospace Medicine from the University of Texas Medical Branch, which is outstanding, especially for those who are new to the field:

<https://utmb.hosted.panopto.com/Panopto/Pages/Embed.aspx?id=8daf6194-5952-4896-8a1f-b15d0123b16d>



CAMA MEMBERSHIP DUES NOTICE FOR 2025

(*Required Information)



CAMA

CAMA

*MEMBER NAME & TITLE:					
*MEMBER STREET ADDRESS:					
*MEMBER STREET ADDRESS:					
*MEMBER CITY/STATE/ZIP/COUNTRY:					
AME NUMBER:		SENIOR AME?	YES		NO
Permission to add name and address to the CAMA Web Site in the Members Only Section?					
				YES	NO

Please complete and return with your payment.

NOTE: Membership is from January 1st through December 31st of each year

Membership dues..... \$ 250.00 U.S. Dollars

Sustaining Membership dues (optional)..... \$ 500.00 U.S. Dollars

Membership dues for Retired Members..... \$ 85.00 U.S. Dollars (Retired from medical practice AND no longer performing AME examinations for the FAA)

Membership dues for Students..... \$ FREE

Life Membership..... \$2500.00 U.S. Dollars

Payment Options: CAMA Accepts checks, MasterCard, VISA, Discover, or American Express.

CHECK ENCLOSED	#	MASTERCARD	VISA	American Express	x
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Check if you are a member of:

PILOT	YES		NO	
AME	YES		NO	
AMA	YES		NO	
HIMS	YES		NO	
AOA	YES		NO	

EAA	YES		NO	
AOPA	YES		NO	
FPA	YES		NO	
AAFP	YES		NO	
AsMA	YES		NO	

*MEDICAL SPECIALTY:	
*CELL PHONE NUMBER:	
OTHER PHONE NUMBER:	
FAX NUMBER:	
*EMAIL ADDRESS:	

Return form to: CAMA
P. O. Box 823177
Dallas, TX 75382
FAX: 770-487-0080
Telephone: 770-487-0100
email: civilavmed@aol.com

NOTE: YOU MAY ALSO INITIATE OR RENEW YOUR CAMA MEMBERSHIP ON OUR WEBSITE AT WWW.CIVILAVMED.ORG ON THE "MEMBERS' LOUNGE" PAGE USING OUR SECURE PAY APPLICATION.



CAMA STUDENT & TRAINEE MEMBERSHIP FORM AND ANNUAL SCIENTIFIC MEETING AUDIT REQUEST



*MEMBER NAME & TITLE(S):	
*MEMBER STREET ADDRESS:	
*MEMBER STREET ADDRESS:	
*MEMBER CITY/STATE/ZIP/COUNTRY:	
WHAT IS YOUR FIELD OF STUDY?	
WHAT IS YOUR SPECIALTY OR ANTICIPATED SPECIALTY?	
WHERE ARE YOU CURRENTLY A STUDENT, INTERN, OR RESIDENT? ON FELLOWSHIP?	
WHEN DO YOU EXPECT TO GRADUATE?	
WHAT DEGREE(S) DO YOU CURRENTLY HOLD?	
WHAT DEGREE(S) DO YOU ANTICIPATE UPON GRADUATION OR COMPLETION OF STUDIES?	

Permission to add name and address to the CAMA Web Site in the Members Only Section?	YES		NO	
---	------------	--	-----------	--

IF YOU PLAN TO AUDIT PRESENTATIONS DURING THE CAMA ANNUAL SCIENTIFIC MEETING, PLEASE ANNOTATE WHICH DAYS OR EVENTS YOU PLAN TO ATTEND SO THAT ID CREDENTIALS CAN BE PREPARED FOR YOU:	
--	--

Check if you are/are a member of:

*PILOT	YES		NO	
*AsMA	YES		NO	
*AMSRO	YES		NO	

*EAA	YES		NO	
*AOPA	YES		NO	
*AMA	YES		NO	

*AOA	YES		NO	
*AAFP	YES		NO	
*FPA	YES		NO	

*AME	YES		NO	
*HIMS	YES		NO	
**OTHER	YES		NO	

**OTHER ORGANIZATIONS/GROUPS	
CELL PHONE NUMBER:	
OTHER PHONE NUMBER:	
FAX NUMBER:	
*EMAIL ADDRESS:	

**(E-mail address is REQUIRED, please – all CAMA correspondence, registrations, notifications, and publications are sent via email. Please notify CAMA of any email address changes. CAMA does not share your information with any other entity or with any changes, so that you do not miss any important communication with our organization.*

NOTE: CAMA does offer discounted student registrations for our Annual Scientific Meetings, and Students may audit the educational sessions at no charge (no meals or CME included without prior payment). We do request advance notice for planning and space arrangement purposes.

PLEASE RETURN FORM TO: CIVIL AVIATION MEDICAL ASSOCIATION (CAMA)
P. O. BOX 823177
DALLAS, TX 75382
TELEPHONE/TEXT: 770-487-0100
EMAIL: civilavmed@aol.com



CAMA CORPORATE MEMBERSHIP FOR 2025

Corporation/Business Name and Address:



Please complete and return with your payment.

NOTE: Membership is from January 1st through December 31st.

Corporate Membership dues..... \$ 550.00 U.S. Dollars.

CAMA accepts MasterCard, VISA, Discover, American Express, and checks only.

NOTE: You may pay corporate dues online on the "Members Lounge" page of the CAMA web site at www.civilavmed.org using our secure payment application.

Payment Options:

Check Enclosed # _____ MasterCard _____ VISA _____ AMEX _____

Credit Card Number: _____

CVV/CVC Security Code: _____

Zip Code of Billing Address: _____

Expiration Date: _____ Authorized Amount \$ _____

Print Name on Card: _____

Signature: _____

Return form to: CAMA
P. O. Box 823177
Dallas, TX 75382
FAX: 770-487-0080
Telephone: 770-487-0100
email: civilavmed@aol.com

PLEASE PRINT (* required information)

***Contact Person(s) Name:** _____

***Specialty/Type of Business:** _____

***Phone: # ()** _____

Cell # of Contact Person(s): () _____

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***E-Mail Address of Contact Person(s):** _____