

The articles published in this newsletter are presented for informational purposes and topics of discussion and do not necessarily represent the opinions or recommendations of the Civil Aviation Medical Association.

Flight Physician



A publication of the Civil Aviation Medical Association

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SPECIAL NEWSLETTER EDITION: Annual Scientific Meeting Registration is OPEN!!

The 2023 CAMA Annual Scientific Meeting Registration is now open!! The meeting takes place October 5-7, 2023, at the DoubleTree Downtown Hotel in Omaha, Nebraska. You may register using either the registration form included in this publication on Page 14, or you may use the online registration and payment module on the Annual Meeting page of the CAMA web site at www.civilavmed.org.

A copy of the meeting program is posted on Pages 10 and 11 for your perusal. The meeting is approved by the FAA for AME refresher/recertification and has been sent to the AAFP for a CME evaluation and rating. See Page 8 for a review of this year's annual meeting.

If you have not yet paid your 2023 CAMA dues, please take a few moments and either complete the dues form online (Members Lounge page of the CAMA web site) or one of those included in this publication to stay current on your CAMA dues or your corporate dues to remain a CAMA member in good standing. The dues amount remains unchanged in 2023 from that of 2022.

Copies of the May 2023 CAMA Sunday and CAMA Luncheon lectures with slides from CAMA programs during the May 2023 Aerospace Medical Association (AsMA) annual meeting are available on the Podiumcast.com web site (www.podiumcast.com) for \$39.00. This includes every lecture and every slide used, including the keynote presentation on during the CAMA Luncheon. A copy of the order form and the program is included on Pages 3 and 4.

This year during the 2023 AsMA Annual Meeting May 21-25, 2023, CAMA will sponsor the first John D. (Jack) Hastings Award! This award will be given out each year to a deserving medical professional selected by the AsMA Awards Committee from the nominees submitted each year. We look forward to publishing the 2023 winner's name and photograph in the next edition of "The Flight Physician." The criteria and nomination forms are on the AsMA.org web site (accessible by AsMA members only). We are very excited to be able to honor Past CAMA President Jack Hastings in this way!



CAMA Refund Policy

As of 01/01/2018, the cancellation/refund policy with regard to Annual Scientific Meeting registration fees and guest fees has been established as follows:

- 1) If a refund is requested due to cancellation of attendance **prior** to the catering guarantee date (*normally three weeks prior to the first day of the meeting – it varies by hotel, caterer, and location*), 10% of the total registration fee amount, or \$75.00, whichever is greater, will be withheld to cover bank and service processing fees.
- 2) If a refund is requested due to a cancellation of attendance **after** the catering guarantee date, the cost of the meals will be withheld from the refund, plus 10% of the total registration fee to cover bank and service processing fees.
- 3) **Dire** or **unusual** circumstances which require cancellation/refund (attendee and/or guest fees) after the guarantee date will be determined on a case by case basis (death in the immediate family, accidents, emergency surgery, etc.), but the 10% fee will be applicable in all cases.
- 4) The cutoff date for the guarantees are shown on the registration form for each year, so that there will be no misunderstandings. This year that date is September 15, 2023.

NOTE: The articles published in this newsletter are presented for informational purposes and topics of discussion and do not necessarily represent the opinions or recommendations of the Civil Aviation Medical Association.

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2023 CAMA SUNDAY AND CAMA LUNCHEON PROGRAM AGENDAS

CAMA Sunday Lectures – Four hours comprised of four presentations, rated by the AAFP for four hours of CME credit.

Sunday, May 21, 2023, 8:00 AM to 12:15 PM
Sheraton Hotel New Orleans, New Orleans, Louisiana. Room number – Bayside BC

8:00 AM to 9:00 AM:

A One-Hour Presentation by Roger R. Hesselbrock, MD

Lecture Module Topic - Major Updates in FAA Certification of Neurological Conditions: New Conditions AME s can Issue (CACIs), AME Assisted Special Issuance (AASIs), and Aviation Medical Examiner (AME) Guidance

Objective: The physician should be able to understand and practice conditions an AME can issue and assist in special issuances concerning a variety of neurological conditions.

9:00 AM – 10:00 AM

A One-Hour Presentation by Judith A. Frazier, MD, MBA

Lecture Module Topic – FAA Policies and Updates - What's New and Different: Staying Current with Evolving Medical Knowledge and Practices

Objective: The physician will better understand new and different guidelines concerning evolving medical knowledge and practices for pilots. This presentation will cover a variety of medical issues of interest for the AME and family practitioner or other practicing physicians.

10:00 AM – 10:15 AM Break

10:15 AM – 11:15 AM

A One-Hour Presentation by Joyce A. Pastore, MD

Lecture Module Topic – Insulin-Treated Diabetes Mellitus; Current Therapies and Continuous Glucose Monitoring Technology Gets More Pilots Back in the Cockpit Safely:

Objective: Physicians will learn about current therapies and uses of continuous glucose monitoring technologies and devices. This information will help facilitate certification of pilots to function safely in the aircraft and cockpit.

11:15 AM – 12:15 AM

A One-Hour Presentation by Matthew M. Cooper, MD, MBA, FACS - Cardiology in the Aviation Environment – Cases, Concepts, and Conundrums

Objective: The audience will be presented cases to understand the concepts and the underlying conundrums concerning pilots with cardiovascular issues.

CAMA Luncheon and One-Hour Presentation

Monday, May 22, 2023, 12:00 Noon - 02:00 PM
Sheraton Hotel New Orleans, New Orleans, Louisiana
Room Number – Waterbury Ballroom

1:00 PM – 2:00 PM

One hour presentation by Penny M. Giovanetti, DO, MPH - Rated by the AAFP for one hour of CME credit.

Lecture Module Topic – History and Ongoing Efforts of Dealing with Mental Health Issues in Airmen

Objective: The physician attendees will learn about a variety of mental health problems facing pilots and will explore what treatment and dispositions may be necessary in order to keep the pilots functioning in a safe manner.

(Continued on Page 4)



2022 CAMA Sunday Medical Education Program

May 21, 2023 (Held during AsMA 2023)

SESSION RECORDINGS

Includes **FOUR** hours of presentations by four speakers + Luncheon Session (5 Hours Total)
Only **\$39!** See back for agenda

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See over for detailed agenda

HOW TO ORDER

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<p>Please provide business card or complete form</p> <p>Name: _____</p> <p>Organization: _____</p> <p>Address 1: _____</p> <p>Address 2: _____</p> <p>City: _____ State: ____ Zip: _____</p> <p>Country: _____</p> <p>Phone: _____</p> <p>Email: _____</p>	<p>Signature: _____</p> <div style="border-bottom: 1px solid black; margin: 5px 0;"></div> <table style="width: 100%; border: none;"> <tr> <td style="border: none; width: 60%; border-bottom: 1px solid black; text-align: center;">Credit Card Number</td> <td style="border: none; width: 10%; text-align: center;">VISA</td> <td style="border: none; width: 10%; text-align: center;">MC</td> <td style="border: none; width: 10%; text-align: center;">AMEX</td> <td style="border: none; width: 10%; text-align: center;">DISCOVER</td> </tr> </table> <p style="margin: 5px 0;">Expiration Date: <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/></p> <p style="margin: 5px 0;">CVV Code: <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/></p> <p style="margin: 5px 0;">Billing Zip Code: <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/></p> <p style="margin-top: 10px;">Online Access \$ _____</p> <p>Single Sessions \$ _____</p> <p style="text-align: right;">TOTAL \$ _____</p> <p style="text-align: right;"> Podiumcast</p>	Credit Card Number	VISA	MC	AMEX	DISCOVER
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CAMA President's Message

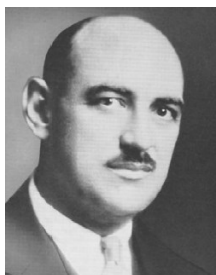


David G. Schall, MD MPH FACS
CAMA President 2021-2023

Beautiful Omaha Nebraska



Colleagues, I hope this finds you doing well. I'm looking forward to seeing many of you in Omaha as I wind down to the last meeting of my Presidency. It is fitting that I end, where much of my training as an Otolaryngologist Head & Neck Surgeon began at the University of Nebraska. Omaha is the home and burial site of one of our founders in Aviation Medicine, who attended the very first meeting of the Aero Medical Association in 1929, Dr. John Tamisiea. Our Award, for outstanding contributions in Aviation Medicine, was established in 1963, and is named after him. I will be giving a talk about his amazing life and experiences as both a Flight Surgeon serving on the front lines in WWI, getting shelled and exposed to Mustard Gas, and his later role as a civilian Aviation Examiner and the 6th President of the Aero Medical Association, back in the early and chaotic days of Aviation.



Dr. John Tamisiea

The Registration site and link to the Hotel reservations is now open on the Annual Meetings page of the CAMA web site (www.civilavmed.org). We have finalized our program for the meeting and have an interesting array of speakers lined up. Aside from our outstanding FAA AME Refresher Course speakers, I am excited to hear many of the invited speakers. Omaha is home to the incredible Boys Town National Research Hospital (<https://www.boystownhospital.org/>) providing care and research over an amazing spectrum of areas from Balance, Hearing/Speech perception to Sensory Neuroscience. Dr. Barbara Morley, PhD, will be sharing some of their cutting edge research.

As the topic of the Aging Pilot moves to the forefront, we will have the opportunity to hear Dr. Matthew Rizzo, who testified before Congress on the first round of discussion on the Aging Pilot. He has a wealth of experience and research and will be sharing on Human Factors and Neuroergonomics in the Operational environment. We will also have talks on advances in Oncology as well as Space Medicine.

One of the highlights of our time in Omaha will be the Field Trip to the Strategic Air Command Museum (<https://www.sacmuseum.org/>). For those who have not been there, you will be delighted with an array of aircraft from WWII to the Space Age. Bring your camera! Our Honors night banquet will feature Dr. Byers Shaw who formerly headed up the Liver Transplant program at the University of Nebraska. He will share about his journey and the challenges of later becoming an impaired physician. You may want to read his book **"Last night in the OR"** which is available in paperback on Amazon (*editor note—this book is also available in electronic format from Barnes and Noble for the Nook Reader and from Amazon for the Kindle Reader*).

Finally, Omaha has a lot to see and I hope you will be able stay and take in some of these sites as well as enjoy some of the best steaks in the country (*editor note—uh....what about Texas!?*). The Joslyn Art Museum, Henry Doorly Zoo and Aquarium, Durham Museum, Old Market area near the hotel, and Lauritzen Gardens Botanical Center are just a few of the sites you should take in.

Well, I hope this inspires you to make the pilgrimage to Omaha; you won't be disappointed! See the next page for photos of interesting areas in Omaha.



Blackbird Airplane Exhibit



Chihuly Glass at the Joslyn Art Museum;



Henry Doorly Zoo & Aquarium



Durham Museum Stage Coach



Lauritzen Gardens Botanical Center



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2023 CAMA ANNUAL SCIENTIFIC MEETING INFORMATION

Registration for the 2023 CAMA Annual Scientific Meeting is now open! To avoid a late registration fee, you must register prior to September 13, 2023. The meeting will be held at the Downtown Double-Tree Hotel in Omaha, Nebraska, October 5-7, 2023. The theme for the meeting is "Diagnoses, Treatment Innovations, and Keeping Pilots in the Cockpit." The FAA has approved this CAMA Annual Meeting as meeting the criteria for AME Refresher/Recertification purposes, upon satisfactory completion of the FAA AME test administered during the meeting.

The registration form is on Page 14 of this publication and can also be found on the CAMA web site at www.civilavmed.org on the Annual Meeting page. See Pages 10—11 for the meeting program/agenda educational series and related events. CAMA has contracted for guest rooms at the DoubleTree Downtown Hotel in Omaha. The room rate at the DoubleTree is \$110.00 (plus applicable taxes). The CAMA-negotiated hotel rates quoted above are good until the deadline of September 13, 2023 for as long as rooms in the block are available. Rooms reserved after that date are on an availability-only basis and may be subject to additional charges. Please use of the following link to make your hotel reservations: <https://www.hilton.com/en/attend-my-event/omah-dt-cam-f5ebaffc-411d-41a5-ab51-48a0aa63921f/>. This link is also on the Annual Meeting page of the CAMA web site.

One thing for which to be on alert when using the hotel link - the default dates on the reservations link are Wednesday, October 4th through Sunday, October 8th (checking out on Monday October 9th). So, if you plan to depart on Saturday or Sunday, open the link, then click "Book a Room" and on the top of the next page, click "Edit Stay" and change the dates to those you prefer. The standard rate of \$110.00 is the government per diem rate for Omaha - available for everyone who books within the CAMA block.

While registration for the meeting can be done up to any point before the cutoff date of September 13, 2023, based on our experience of the past two annual meetings, rooms in the block go quickly, so it would be advisable to go ahead and make your hotel room reservations now, even if you plan to submit your registration form closer to the event date. The rooms are available on a first come-first served basis. The educational portion of the Annual Scientific Meeting begins at 8:00 AM on Thursday, October 5th, so it is recommended that participants

arrive on the Wednesday evening prior to the start of the conference.

The deadline for registering with CAMA for the meeting is September 13, 2023. Late registration after the deadline will be subject to an additional \$50.00 late charge. The registration fees are \$1195.00 for CAMA members, \$795.00 for guests, and \$1370.00 for non-members. If you are not currently a CAMA member and wish to register at the member rate, please complete a membership form (see Page 28 or the CAMA web site on the Members Lounge page). Membership and registration actions may be processed at the same time.

A guest is considered to be a spouse, significant other, or child. If you are bringing a member of your office staff who is not seeking CME, that person may also be considered a guest. If you have any questions regarding the guest registration, please call the CAMA home office at 770-487-0100. CME can be provided to guests who are also medical professionals and are spouses or significant others of the primary medical professional registered for the meeting. Only registered attendees and their registered guests (ID credentials will be issued by CAMA to all registered individuals) will be allowed to attend the meeting and/or join the registered professional for meals and other activities. Tickets for the field trip and/or Friday Night Honors Banquet are not sold separately. Please see the CAMA refund policy on Page 2 of this publication. A minimum 10% processing fee will be withheld from any refunds of registration payments.

A directory will be prepared for distribution at the meeting with the names and addresses of all registered professionals. Therefore, please use the street or postal address you wish to share with your fellow attendees. (No email addresses or telephone numbers will be in the directory.)

A video library containing every lecture and every slide used during the Annual Scientific Meeting will be provided to every registered medical professional from Podiumcast.com after the end of the annual meeting. This is a terrific video library with which one may refresh the memory of the information and subjects discussed during the meeting, including the keynote presentation during Honors Night.

Our field trip and catered dinner out on Thursday, October 5th will be held at the Strategic Air Command Museum about half an hour from the

(Continued on Page 9)

(Continued from Page 8)

hotel. Buses have been arranged to take all participants to the SAC Museum for a self-guided tour and a catered dinner in the atrium of the museum. We have contracted with the Museum for our participants to have access to the two flight simulators on site, which can be programmed for many different types of aircraft. Participation in the field trip is not mandatory, but we are required to provide guarantee numbers of participants for tour, transportation, and catering purposes. If you prefer to stay at the hotel instead of going on the field trip, please let CAMA know at the point of registration. There is no registration discount for not attending all of the CAMA activities during the meeting.

If your organization or company is a corporate member of CAMA, and you wish to host an exhibit at the Annual Scientific Meeting, please let us know, so that we may arrange for exhibition space for you. If you have any questions, please contact the CAMA office at 770-487-0100 or by email at civilavmed@aol.com.



Need help with FAA paperwork?

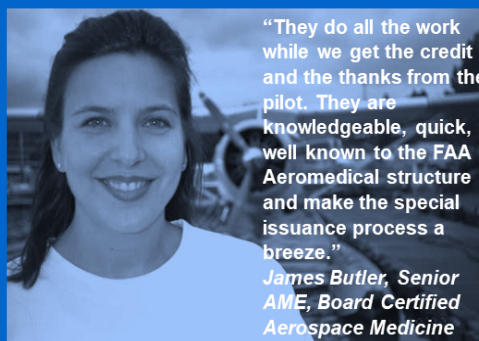
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– Aerospace Medicine & Human Performance Journal



“Pilot Medical Solutions helped me to help my pilot patients by providing ready answers and reducing my paperwork burden.”

*Erwin Samuelson
Senior AME*



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James Butler, Senior AME, Board Certified Aerospace Medicine



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CIVIL AVIATION MEDICAL ASSOCIATION



THE CIVIL AVIATION MEDICAL ASSOCIATION

ANNUAL SCIENTIFIC MEETING October 5-7, 2023

"DIAGNOSES, TREATMENT INNOVATIONS, AND KEEPING PILOTS IN THE COCKPIT"

WEDNESDAY, OCTOBER 4, 2023

03:00 PM to 06:00 PM **CAMA Board Meeting**
Capitol/Dodge Room

06:30 PM to 09:00 PM **Meeting Registration**
DoubleTree Hotel Lobby

THURSDAY, OCTOBER 5, 2023

07:00 AM to 08:00 AM **Breakfast Buffet**
Ballroom West

08:00 AM to 08:30 AM **Welcome and Introductions**
Ballroom Center/East

- **Welcome from CAMA**
David G. Schall, MD, MPH
President, CAMA
- Sherry Sandoval, Executive VP, CAMA
Schedule & Field Trip Info
- **Welcome from FAA/CAMI**
Deann King, EDD, Instructional Systems Manager,
FAA Aerospace Medical Education Division, Oklahoma
City, OK (Video instruction regarding AME test
module)

08:30 AM to 09:30 AM **"AME Program Overview and Performance"**
Deann King, EDD, Instructional Systems
Manager/Acting Division Manager
FAA Education Division, OKC, OK

09:30 AM to 09:45 AM **Morning Break**

09:45 AM to 10:45 AM **"Aeromedical Assessment Updates from the Federal Air Surgeon's Office"**
Susan Northrup, MD, MPH, Federal Air Surgeon,
Washington, DC

10:45 AM to 11:45 AM **"Certification Issues – CACI Conditions and Working with the Online Guide for AMEs"**
Judith A. Frazier, MD, MBA, Medical Officer, FAA
Aerospace Medical Education Division,
Oklahoma City, OK

11:45 AM to 12:45 PM **Luncheon Buffet**
Ballroom West

12:45 PM to 01:45 PM **"Mental Fitness to Fly: Pathway to Psychiatric Certification"**
Daniel A. Danczyk, MD, MPH, Deputy Chief
Psychiatrist, FAA, Washington, DC

01:45 PM to 02:45 PM

"Medical Legal Issues in Aviation"
Brian K. Khan, JD, Esq., Attorney, FAA Office of
Chief Counsel, Enforcement Division, Washington, DC

02:45 PM to 03:00 PM **Afternoon Break**

03:00 PM to 04:00 PM **"Medical Certification Issues for Airmen with Cardiac Conditions"**
Stephen V. Savran, MD, Cardiologist
CAMI Consultant, Las Vegas, NV

04:00 PM 05:00 PM **"Medications and Biologics in Aviation"**
Vinh "Vickie" Kieu, PharmD, BCACP, FAA Clinical
Pharmacist, Washington, DC

05:30 PM -0 5:45 PM **Load Buses for Field Trip**

06:15 PM - 10:00 PM **Field Trip to the Strategic Air Command Museum and Catered Dinner**
Casual dress and comfy shoes recommended.

FRIDAY, OCTOBER 6, 2023

07:00 AM to 08:00 AM **Breakfast Buffet**
Ballroom West

08:00 AM to 09:00 AM **"Then and Now: The Evolution of Research at Boys Town Research Hospital"**
Barbara Morley, PhD, Director, Neurochemistry
Laboratory, Boys Town, Omaha, NE

09:00 AM to 10:00 AM **"The Brain in The Wild – Operational Environments, Human Factors, and Neuroergonomics"**
Matthew Rizzo, MD, Director of Neuroscience
Services (Neurology, Neurosurgery, Mental Health,
Pain Management) Nebraska Neuroscience
Alliance, Omaha, NE

10:00 AM to 10:15 AM **Morning Break**

10:15 AM to 11:15 AM **"Medical Considerations for Commercial Space Flight Operations"**
Rahul Suresh, MD
Internal Medicine, UTM&B, Galveston, TX

ANNUAL SCIENTIFIC MEETING

DoubleTree Hotel
1616 Dodge Street
Omaha, NE 68102
Telephone: 402-636-7600
October 5-7, 2023

(Continued on Page 11)

11:15 PM to 12:15 PM

"Aviation Neurology Update"
Alison Lesion, MD, PhD, Associate Professor,
Dept. of Neurology & Neurotherapeutics, UTSSW
Medical Center, Dallas, TX

12:15 PM to 01:15 PM **Luncheon Buffet**

Ballroom West

01:15 PM to 02:15 PM

"Oncology and FAA Certification – What's New in Cancer Therapy"
Sandeep S. Gill, DO, Oncologist
Texas Oncology, Bedford, TX

02:15 PM to 02:30 PM **Break**

02:30 PM to 03:30 PM

"Alcohol and Drug Use: Roadmap to Certification"
Christopher F. Flynn, MD
FAA Assistant Chief Psychiatrist, Washington, DC

03:30 PM to 04:30 PM

"The Shoulders on Which We Stand – John A. Tannisiea, MD"
David G. Schall, MD, MPH, Neurologist, CAMA
President, FAA CAMI, Oklahoma City, OK

04:30 PM to 05:00 PM

"Social Networking Q & A"
Near Exhibitor Booths in Hallway

05:00 PM to 07:30 PM **CAMA Honors Night Banquet**

(5:00 PM to 6:30 PM **Ballroom West**
Happy Hour Cash Bar **Dress is business casual – more**
in hallway outside of **formal wear is optional**
Ballroom West)

07:30 PM to 09:00 PM

Keynote Presentation: "Last Night in the OR: A Transplant Surgeon's Odyssey"
Byers W. Shaw, MD, Author and Former
Transplant Surgeon, Omaha, NE

09:30 PM to 10:00 PM **Awards ceremony and passing of the Presidential gavel**

SATURDAY, OCTOBER 6, 2023

07:00 AM to 08:00 AM **Breakfast Buffet**

Ballroom West

08:00 AM to 09:00 AM

"Obstructive Sleep Apnea, Fatigue, and Cockpit Performance"
David G. Schall, MD, MPH, Neurologist
CAMA President, CAMI, Oklahoma City, OK

09:00 AM to 10:00 AM

"Ophthalmology & Color Vision in Pilots and FAA Regulations"
Douglas J. Ivan, MD, Ophthalmologist
San Antonio, TX

10:00 AM to 10:15 AM **Morning Break**

10:15 AM to 11:15 AM

"ENT FAA Update"
David G. Schall, MD, MPH, Neurologist
CAMA President, CAMI, Oklahoma City, OK

11:15 AM to 12:15 PM

"Diabetes, Continuous Glucose Monitoring, & Other Endocrine Issues in the Cockpit"
Joyce A. Pastore, MD, Col. USAF (Ret), Internal
Medicine, CAMI, Oklahoma City, OK

12:15 PM to 01:15 PM **Luncheon Buffet**

Ballroom West

01:15 PM to 02:15 PM

"Spinal Conditions and Spine Hardware in Aviation"
Curtis Edwards, MD, General and Vascular Surgery
Olympia, WA

02:15 PM to 02:30 PM

Afternoon Break

Case Study & Panel Discussion:
"Would You Fly with This Pilot? – Aeromedical Decision-Making"

Moderator: Susan Northrup, MD, MPH
Federal Air Surgeon
Washington, DC

Panel Members:

R. Ronan Murphy, MBChB, Neurology
Stephen V. Savran, MD, Cardiology
Christopher Flynn, MD, Psychiatry
David G. Schall, MD, MPH, Neurology
Douglas J. Ivan, MD, Ophthalmology

05:00 PM **Adjourn****

****Please pick up your CME Certificate from the CAMA table.**

To receive FAA credit for recertification/refresher training, you must complete the FAA test online no later than Tuesday, October 10, 2023.

No CAMA dinner is planned for Saturday evening. You are free to plan your own activities for the evening or to depart for home if you prefer.

Emergency Contact During the Meeting:

Sherry Sandoval, CAMA EVP
Call or Text 770-487-0100

PROGRAM OBJECTIVES:

- To understand and apply the changes in aviation medicine to the individual's private practice
- To assess specific clinical conditions/disciplines with respect to aviation medicine to correctly utilize the Federal Aviation medical standards with the specific conditions discussed
- To comprehend the FAA medical program initiatives
- To understand to be able to work with the aeromedical certification system
- To comprehend the legal aspects of being an AWE

This program is approved for FAA-AME training.

CME Credit:

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Civil Aviation Medical Association
P. O. Box 823177, Dallas, TX 75382
Phone: 770-487-0100
Email: civilavmed@aol.com
Web Site: www.civilavmed.org



Home Office Activities and Information



Sherry Sandoval
CAMA Executive Vice President

Dues and Membership 2023

The 2023 CAMA Membership Dues rate remains at \$150.00 for a Regular membership, \$300.00 for a Sustaining membership, \$50.00 for a Retiree/Student membership, \$1500.00 for a Life Membership, and \$350.00 for a Corporate Membership. Please take a few moments and pay your 2023 CAMA dues if you have not yet done so.

Most individuals paying dues (or registering to attend the annual meeting) are using the links on the CAMA website to complete the necessary forms and to make their payments. The CAMA website has advanced security, easy access to news and information, and links to important FAA information and web sites, such as the AME Guide, the AME Minute, FAA AME training seminar schedule, the Federal Air Surgeon Bulletin and the Pilot Minute files. These important links are on the landing page of the CAMA website at www.civilavmed.org.

The online dues payment forms, for both individual and corporate memberships, are located on the Members' Lounge page. You may also download and print regular copies of individual and corporate dues forms from that same page for emailing, faxing, or sending via the post office, along with your preferred form of payment, for home office processing.

The pay online function is a wonderful time-saving element of the redesigned CAMA website that provides both convenience and security for CAMA members to transact business with CAMA from anywhere without needing access to a printer or FAX machine.

Of course, you may continue to join CAMA, renew your membership, or register to attend the Annual Scientific Meeting via email, fax, or regular post office mail using downloaded or printed versions from the website or forms from the newsletter, "The Flight Physician."

Call the CAMA Home Office at 770-487-0100 or email civilavmed@aol.com if you have questions or experience problems.

Aerospace Medical Association (AsMA) Meeting In New Orleans May, 2023

The AsMA Annual Meeting will take place on May 21-25, 2023, at the Sheraton Hotel in New Orleans, Louisiana. We have lined up an amazing CAMA Sunday program and a wonderful CAMA Luncheon keynote speaker! The CAMA Sunday program has been rated by the AAFP for 4 hours of CME, and the Luncheon presentation for one hour of CME. All five hours of presentations will be recorded by Podiumcast into a video library available on sale at podiumcast.com. See Pages 3 and 4 for the CAMA Sunday/Luncheon programs and the order form.

2023 Annual Scientific Meeting in Omaha, Nebraska

The DoubleTree Hotel in downtown Omaha has been selected as the site of the 2023 annual meeting, and the Strategic Air Command (SAC) Museum will be the venue for our Thursday field trip and catered dinner. The beautiful airplanes in the museum were simply impossible to resist, and attendees in 2023 will certainly enjoy walking among those amazing aircraft before dinner in the Atrium!

The DoubleTree has wonderful meeting space, and they have promised that the room rates will be at the Federal Government per diem rate for Omaha in 2023 (currently \$110). The Old Market shopping and restaurant district is within a short walking district of the hotel, as is the river event area currently under development (scheduled for completion in early 2023, with shops, museums, and other interesting venues).

CAMA conducts a brief business meeting each year during the Annual Scientific Meeting at the beginning of the Honors Night Dinner to take care of any business that requires the approval of the CAMA membership. The attendees at the Annual Scientific Meeting are considered to be a quorum for approval purposes. This year, the vote will be concerning proposed changes to the CAMA Bylaws. These proposed changes were published in previous editions of the newsletter in 2022 and earlier this year. A listing of all proposed changes are on Pages 15—22 of this edition of the newsletter. If you are attending this year's Annual Scientific Meeting, please review the proposed changes and be prepared to vote during the Honors Night Dinner in Omaha.

The dates for the 2023 Annual Scientific Meeting are October 5-7, 2023, with the CAMA Executive Board Meeting taking place on Wednesday

(Continued on Page 13)

(Continued from Page 12)

afternoon of October 4th. Please reserve those dates on your calendar and plan to join us for this event.

For this year's Annual Scientific Meeting, a number of CAMA Corporate Members have indicated an interest in exhibiting during the annual meeting. A table will be provided for each exhibitor in the pre-space outside of the training room so that during breaks, before and after meals, and during free time, attendees may visit the exhibitor tables and discuss products and services with the companies present during the meeting. Neither the FAA nor CAMA endorses or promotes any particular goods or services provided by these exhibitors. Exhibitor space is provided as part of the Corporate Membership agreement so that attendees may enjoy the exhibits and view and discuss options with the Corporate Members.

2024 Annual Scientific Meeting in Jacksonville, Florida

We have contracted with the Sheraton Hotel Jacksonville to host our 2024 Annual Scientific Meeting in Jacksonville, Florida, September 19-21, 2024. The EVP will travel to Jacksonville after the end of the AsMA conference to complete the arrangements for the 2024 meeting and to select a venue for the 2024 field trip.

In 2024, Leigh Speicher, MD, MPH, will be the new CAMA President. Dr. Speicher lives in Jacksonville and works at Mayo Clinic, Jacksonville, so having her first Annual Scientific Meeting as CAMA President take place in her home town will be a special occasion. We hope to be able to invite a number of specialists from Mayo Jacksonville to speak at the 2024 meeting.



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**CIVIL AVIATION MEDICAL ASSOCIATION
ANNUAL SCIENTIFIC MEETING, OCTOBER 5-7, 2023
DOUBLETREE DOWNTOWN, OMAHA, NEBRASKA 68102**



ATTENDEE NAME & TITLE*:		AME NUMBER:	
*(MD, DO, MBChB, MBBS, PhD, MS, etc.) SPECIALTY:			
ARE YOU BRINGING A SPOUSE OR OTHER GUEST(S) WHO WILL BE EATING MEALS WITH YOU, AND/OR GOING ON THE FIELD TRIP WITH YOU?			
			YES: <input type="checkbox"/> NO: <input type="checkbox"/>

SPOUSE/GUEST NAME AND TITLE* IF APPLICABLE: _____

NOTE: There is a \$795.00 registration fee for each participating guest to cover eight meals and the field trip. (Tickets to the field trip and/or banquet are NOT sold separately. If your guest is also a medical professional in need of CME, please provide that information and titles.)

ATTENDEE ADDRESS: _____

(Please use the address you wish to be used in the participant roster that will be given to all in attendance)

CITY:		STATE/PROVINCE:	
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ZIP:		COUNTRY:		PHONE:	
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EMAIL (REQUIRED):		CELL PHONE:	
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DO YOU OR YOUR GUEST HAVE ANY SPECIAL DIETARY NEEDS?	YES: <input type="checkbox"/>	NO: <input type="checkbox"/>	PLEASE DESCRIBE: (Vegan, Vegetarian, Gluten Intolerant, etc.) and indicate which individual.
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REGISTRATION FEE MAY BE PAID BY CHECK (U.S. DOLLARS) OR CREDIT CARD

CREDIT CARD TYPE:	VISA: <input type="checkbox"/>	MASTER CARD: <input type="checkbox"/>	AMERICAN EXPRESS: <input type="checkbox"/>
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CREDIT CARD NUMBER:		SECURITY CODE (CVV)		ZIP CODE OF CARD BILLING ADDRESS	
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EXPIRATION DATE:		SIGNATURE:	
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AUTHORIZED CHARGE AMOUNT (U. S. DOLLARS):	
--	--

CHECK ENCLOSED (U.S. DOLLARS):		CHECK AMOUNT:	
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PERSONS REGISTERING TO ATTEND THE CAMA ANNUAL SCIENTIFIC MEETING - PLEASE MAKE YOUR HOTEL RESERVATIONS ONLINE BY USING THE FOLLOWING LINK (use "control" + click to activate link):

<https://www.hilton.com/en/attend-my-event/omah-dt-cam-f5ebaffc-411d-41a5-ab51-48a0aa63921f/>

THIS IS A SPECIAL LINK EXCLUSIVELY FOR CAMA MEETING ATTENDEES TO USE TO RECEIVE THE CAMA ROOM RATE OF \$110.00, PLUS APPLICABLE FEES AND TAXES. ALL RESERVATIONS MUST BE MADE BY SEPTEMBER 13, 2023, TO RECEIVE THE CAMA RATE AND FOR AVAILABILITY. ROOMS AFTER THAT DATE ON AVAILABILITY BASIS ONLY.

CAMA MEMBER REGISTERED ON OR BEFORE SEPTEMBER 13, 2023	-----	\$1195.00	U. S. DOLLARS
CAMA MEMBER REGISTERED AFTER SEPTEMBER 13, 2023	-----	\$1245.00	U. S. DOLLARS
SPOUSE/GUEST OF ATTENDEE	-----	\$ 795.00	U. S. DOLLARS
*NON-MEMBER REGISTERED ON OR BEFORE SEPTEMBER 13, 2023	-----	\$1370.00	U. S. DOLLARS
*NON-MEMBER REGISTERED AFTER SEPTEMBER 13, 2023	-----	\$1420.00	U. S. DOLLARS

NOTE: Registration and guest fees include 8 meals – Buffet breakfast and lunch on Thursday, Friday, and Saturday, a field trip to the Strategic Air Command Museum with a catered dinner on Thursday night, and the Honors Night Banquet on Friday Night. No activities are scheduled for Saturday evening.

***NON-MEMBERS - IF YOU WISH TO REGISTER AT THE LOWER MEMBER RATE, YOU MAY BECOME A MEMBER OF CAMA BY REQUESTING A 2023 MEMBERSHIP FORM OR BY COMPLETING THE FORM ONLINE AT OUR WEB SITE WWW.CIVILAVMED.ORG ON THE MEMBERS' LOUNGE PAGE. THE FORMS CAN BE SUBMITTED SIMULTANEOUSLY.**

SUBMIT REGISTRATION FORMS ONLINE VIA OUR WEB SITE, OR BY EMAIL, FAX, OR REGULAR MAIL TO:

CIVIL AVIATION MEDICAL ASSOCIATION	PHONE: 770-487-0100
P. O. BOX 823177, DALLAS, TX 75382	FAX: 770-487-0080
	EMAIL: civilavmed@aol.com

All registrations will be acknowledged by email - an email address is required. If you do not receive a confirmation email that your registration has been received, please contact CAMA. We do not share email addresses with any other groups or individuals. YOU MAY ALSO REGISTER AND PAY ONLINE AT WWW.CIVILAVMED.ORG on the ANNUAL MEETING PAGE.

THIS MEETING IS APPROVED FOR FAA-AME PERIODIC TRAINING. CME HAS BEEN APPLIED FOR.

On the following pages are proposed changes to the CAMA Bylaws, approved by the CAMA Executive Board at the Winter Executive Board meeting February 11, 2023. These changes will be presented to the CAMA membership for a vote during the 2023 CAMA Annual Scientific Meeting in Omaha, Nebraska, October 5-7, 2023. Those present at the Honors Night Banquet and Awards Ceremony on Friday, October 6, 2023, will constitute a quorum of the CAMA membership and will be asked to vote on these Bylaws changes at that time. The proposed changes are shown in red. Please read these proposed changes and let the CAMA Home Office know if you have any objections or suggestions.

December 26, 2022 ALL PROPOSED CHANGES TO:

BYLAWS

of the

CIVIL AVIATION MEDICAL ASSOCIATION (Revised Sep 23, 2022)

ARTICLE I. NAME AND SEAL

Section 1. The name of this Association shall be the Civil Aviation Medical Association (CAMA).

Section 2. The seal of the Association shall be an appropriate design including the name of the Association. A motto may also be incorporated in the design at the discretion of the Executive Board.

ARTICLE II. MISSION

Section 1. CAMA is an organization dedicated to civil aviation [aerospace] safety. CAMA, working on behalf of physicians engaged in the practice of aviation [aerospace] medicine and other professionals in the field of civil aviation [aerospace] safety, aims to achieve the following objectives:

- (A) To promote the best methodology for the assessment of mental and physical requirements of civil aviators [, aerospace operators, and space flight participants].
- (B) To actively enlarge our scientific knowledge.
- (C) To advocate, through continuing education, both basic and advanced civil aeromedical [aerospace medical] knowledge.
- (D) To promote professional fellowship among our colleagues from allied scientific disciplines.
- (E) To bind together all civil aviation medical examiners into an effective, active medical body to promote aviation [and spaceflight] safety for the good of the public.

ARTICLE III. FUNDS

Section 1. The funds of this Association shall be used to defray the operating expenses of the Association and for the purposes and objectives heretofore set forth.

Section 2. No part of the funds of the Association shall be used to benefit any individual, except by awards or scholarships.

Section 3. Subject to limitations of the Charter and these Bylaws, the funds of the Association shall be kept or dispersed on the authority of the Executive Board.

ARTICLE IV. ETHICS

Section 1. The code of ethics of the Association, as stated below, shall apply to all Association members. Members shall

- (A) accord the highest priority to the health and safety of those who participate in the civil aviation [aerospace] environment.
- (B) uphold the highest standards of professionalism and perform honestly in all personal and professional interactions.
- (C) strive to expand and disseminate knowledge of civil aviation [aerospace] medicine and its practice to the general public, colleagues, aviation [aerospace] industry, and patients.
- (D) respect, at all times, the laws of the land and shall always function, both professionally and personally, within those laws.
- (E) continue to study, to apply, and advance scientific knowledge and make relevant information available to patients, colleagues, and the general public.
- (F) respect and guard the privacy of patients and other personal and professional associates.
- (G) always respect and adhere to the Bylaws of this Association.

ARTICLE V. ADMINISTRATION AND OFFICE

Section 1. The principal office of the Association shall be located at the office of the Executive Vice President (EVP), or at such other place as the Executive Board shall establish.

Section 2. The EVP, appointed by the Executive Board, shall serve as the general manager of the Association.

ARTICLE VI. MEMBERSHIP

Section 1. Those members in good standing at the enactment of these Bylaws and all members accepted in accordance with the Bylaws of this Association shall comprise the membership.

Section 2. There shall be the following categories of membership:

- (A) Active
- (B) Retired Active
- (C) Life
- (D) Student
- (E) Sustaining
- (F) Fellow
- (G) Honorary Life
- (H) Corporate Sponsor
- (I) Emeritus

Section 3. Qualification for each category of membership shall be established in the Bylaws.

ARTICLE VII. MEETINGS

Section 1. A scientific meeting of the Association shall be held annually in conjunction with the annual general business meeting of the Association at a time and place designated by the Executive Board.

Section 2. An annual luncheon meeting of the Association shall be held in conjunction with the scientific meeting of the Aerospace Medical Association (AsMA).

Section 3. Additional scientific meetings may be scheduled at the discretion of the Executive Board.

Section 4. The Executive Board shall regularly meet two times a year as follows:

- (A) Once during the annual CAMA Scientific Meeting.

(B) Once each winter at a date and location to be established yearly by the President and the EVP.

(C) EB meetings may be conducted electronically.

Section 5. Special meetings of the Executive Board may be called by the President or by joint action of any 5 trustees.

Section 6. A quorum, consisting of a simple majority of the Executive Board, may conduct any and all business of the Association, except as otherwise provided for in the Bylaws.

Section 7. Fifty (50) members shall constitute a quorum at the Annual Business Meeting.

Section 8. Each Executive Board member shall be given advance notice, in writing, at least one month prior to every regular or called meeting of the Board.

Section 9. Meetings will be conducted in accordance with Robert's Rules of Order. Appointment of a parliamentarian will be at the discretion of the President.

ARTICLE VIII. OFFICERS

Section 1. The Officers of the Association shall be:

- A. President
- B. Immediate Past President
- C. President-Elect
- D. Secretary-Treasurer
- E. Vice President of Education
- F. Vice President of Management and Planning
- G. Vice President of Representation, and Communications.

The EVP will be an ex officio member of the EB and EC

ARTICLE IX. EXECUTIVE BOARD (EB) AND EXECUTIVE COMMITTEE (EC)

Section 1. The EB shall consist of the Officers and Trustees as delineated herein and in the Bylaws. The EB shall be the policy setting and legislative body of the Association. The EVP will be an ex-officio member of the EB.

Section 2. The EC shall consist of the President, Immediate Past- President, President-Elect, Secretary-Treasurer, and the three elected Vice Presidents (VP for Management and Planning, VP for Education, VP for Representation and Communications). The EVP will be an ex officio member of the EC.

ARTICLE X. AMENDMENT OF THE BYLAWS

Section 1. The Bylaws may be amended by a 2/3 vote of the members present at the annual CAMA general business meeting. Written notice of all proposed amendments shall be sent to all CAMA members at least 30 days before the meeting.

Section 2. Proposed amendments will first be reviewed by the EB at the winter meeting (or electronically). A majority vote of EB members present is required for approval to present the proposed amendment(s) to the membership at the general business meeting. Written notice of those proposed amendments shall be sent to each EB member at least 30 days before the winter meeting.

ARTICLE XI. MEMBERSHIP

Section 1. Category of Membership

- (A) Active membership shall include any of the following acceptable candidates who are elected to membership:

1. Duly licensed physicians in good standing with their respective medical societies who are interested in civil aviation [and civil spaceflight].
 2. Other individuals who are active in civil aviation [and civil spaceflight] and who are interested in aviation [aerospace] medicine and flight safety.
- (B) Retired active members shall be those members who retire from practice but wish to maintain affiliation with CAMA. They shall pay reduced dues as established by the EB, shall have voice and vote, but may not hold office.
- (C) Life members shall be those active members who elect to pay a one-time lump sum specified by the EB for lifetime dues.
- (D) Student members shall be student physicians who are interested in civil aviation [or civil spaceflight] or other individuals who are active in civil aviation [or civil spaceflight] and who are full time students in an accredited college or university. They shall pay reduced dues as determined by the EB, shall have voice and vote, but may not hold office.
- (E) Sustaining members shall be those active members who contribute an annual sum, established by the EB, to support the activities of the Association.
- (F) Fellows. The Membership Committee will recommend to the Executive Board candidates for Fellow. Fellow candidates must be CAMA members who have made outstanding contributions to CAMA and will be elected at the CAMA Annual Scientific Meeting by the Executive Board by a 2/3 majority of those in attendance.
1. A candidate for Fellowship must:
 - a. be a CAMA member in good standing for a minimum of 5 consecutive years prior to election.
 - b. be a regular, interested participant in CAMA as demonstrated by frequent meeting attendance, submission of articles to the CAMA publications, committee participation, etc.
 - c. have an active interest in civil aviation [aerospace] medicine as demonstrated by medical practice and participation in aviation [aerospace] medical activities.
 - d. be well respected by peers in national and/or international aviation [aerospace] medical organizations.
 2. Priority will be given to those CAMA members who have made significant contributions to civil aviation [aerospace] medicine.
- (G) Honorary life members shall be those individuals elected by the EB and honored for their contribution to the Association, to aviation [aerospace] medicine, to flight safety, or to humanity. They shall have all the rights of active membership, but shall not be assessed dues.
- (H) Corporate sponsors shall be those organizations who, with the approval of the EB, contribute dues set by the Board to further the purpose and objectives of the Association. Each corporate sponsor shall be invited to name a non-voting representative to the EB.
- (I) Emeritus members. On the recommendation of the President, the EB may appoint up to three distinguished, long-serving members of CAMA as Emeritus members of the EB. They will act in an advisory capacity only. They will attend meetings and serve at their own discretion. Emeritus members are appointed each year by the EB.

Section 2. Membership Application Procedures

- (A) Applications for Active membership shall be submitted to the EVP with payment for one year's dues. If all qualifications are met and dues are paid, the EVP shall enroll the applicant as a member.
- (B) Active members may, at their discretion, convert their membership status to Retired, Life, or Sustaining membership by notifying the EVP of their intention, and paying the appropriate dues.

- (C) Applicants for Corporate membership shall inform the EVP of their desire to join CAMA and, once it is determined by that officer through consultation with the Vice President for Management and Planning that their company meets the criteria established by the EB, shall be enrolled upon payment of the appropriate dues.
- (D) Selection of Fellows and Honorary Life Members shall be accomplished through a standing Membership Committee, appointed by the Vice President for Management and Planning. This Committee shall be comprised of no fewer than 3 and no more than 5 CAMA members and must include at least one Fellow.

1. Responsibilities

- a. The Membership Committee shall survey the CAMA membership roster at least once each year to identify members who meet the criteria for recognition as Fellows, and forward their names via the Vice President for Management and Planning to the EB at the regularly scheduled Board meeting held in conjunction with the annual CAMA Scientific Meeting. Individual CAMA members may also nominate other members of CAMA for Fellow by forwarding the name of the nominee to the Membership Committee. Subject to a favorable vote by the Membership Committee, their names shall be included with the committee chosen candidates. The EB shall vote a slate of new Fellows to that membership category yearly at the Annual Scientific Meeting. A 2/3 majority of the Board members present at the meeting shall be required to approve the new Fellow candidates.
- b. The Membership Committee shall also be responsible for identifying and nominating potential candidates for recognition as Honorary Life Members. Any candidates nominated shall be voted upon for membership according to the same procedure employed for the election of Fellows.

Section 3. Expulsion

Conviction of a felony, or other conduct detrimental to the purpose or image of the Association, or in conflict with the Code of Ethics, shall be grounds for expulsion of a member. Charges shall be filed with the EVP who shall present them to the EB. A 2/3 vote of the Board members present and voting shall be required for expulsion, and such decision shall be final.

ARTICLE XII. DUES

Section 1. Dues for each category of membership shall be set by the EB and reviewed annually.

Section 2. The EB will determine when dues must be paid and when delinquent. This will be posted in the EB meeting minutes.

Section 3. A member suspended for non-payment of dues may be reinstated as authorized by the EB.

Section 4. The EB shall make all decisions that would result in any fee change.

ARTICLE XIII. ELECTIONS, OFFICERS, TRUSTEES, DUTIES AND TERMS OF OFFICE

Section 1. Officers

- (A) The EVP shall be elected by the EB and the terms of employment and compensation shall be determined by the Board.
- (B) The other officers of the Association shall be elected by the Association membership during the annual business meeting in odd numbered years. ~~The officers shall serve for 2 years or until their successor has been elected. The President shall appoint a Nominating Committee, subject to the approval of the EB, to submit nominations at these annual meetings. Nominations may also be made from the floor by individual members. All nominees must be members of the Association in good standing. Election shall be by a majority vote of these members in attendance.~~ **[Each individual nominated shall be a CAMA member and shall have been approved for nomination by at least a simple majority vote of the Nominat-**

ing Committee. Election shall be by a majority vote of those CAMA members in attendance. The officer shall serve for 2 years or until a successor has been elected. For information on how the Nominating Committee functions, see Section 6. For information on how the Nominating Committee is organized, see Article XIV, Section 3. For information on Additional Nominations, see Section 7.]

- (C) In the event of any officer being unable to serve the full term for which he/she was elected, the President shall convene a meeting of the EC to select an interim replacement. That individual shall serve until the next regular election of officers as provided for in sub-section (B) above.

Section 2. Trustees

- (A) The Trustees shall number 15. Each shall serve for a term of 3 years. In order to provide for continuity and orderly turnover of the Board, 1/3 or 5 Trustees shall be elected at each Annual Scientific Meeting.
- (B) In the event of the inability of a Trustee to serve, the Board, by a majority vote, may elect a successor for the remainder of that Trustees term.

Section 3. Specific Terms of Office

- (A) The elected Officers and Trustees shall serve from the date of their election during the general business session at a CAMA Annual Scientific Meeting until their successors are elected during the general business session of the Annual Scientific Meeting in the year that their term of office expires.

Section 4. Duties

- (A) The President shall preside at the meetings of the Association, all meetings of the EB, and all meetings of the EC. He/she shall appoint the editor and the associate editors of the Association publications, all ad hoc committees, and have those other duties and powers customary to the office.
- (B) The EVP shall serve as the general manager of the Association and shall support the EB, and the Association publication editor(s) in the performance of their responsibilities.
- (C) The President-Elect shall preside at all meetings in the absence of the President. In the event of a vacancy of the office of the President, the President-Elect shall assume the office of the President.
- (D) Each Vice President shall serve as the chair of the section for which he/she is elected. He/she shall report to the President periodically, at least twice yearly, regarding all interim activities in his/her section. In the event of the absence or inability of both the President and the President-Elect to serve, the EB shall designate one of the Vice Presidents to assume the duties of the President.
- (E) The Secretary-Treasurer shall be responsible for the minutes and other records of the Association. They shall serve as Secretary to all meetings of the Association and to all meetings of the EB and EC. They shall complete meeting minutes within 30 calendar-days of meetings. They shall share, with the EVP, the responsibility for receiving and disbursing the funds of the Association and maintaining records of those actions.
- (F) The EB shall serve as a committee of the whole to consider any/all issues confronting the Association, to deliberate and enact any actions of the Association and to review the documents and policies of the Association regularly at the discretion of the EB. It shall be the duty of each Trustee to inform himself/herself concerning timely matters to be presented to the EB.
- (G) Emeritus members shall act as advisors to the Board, and attend and serve at their pleasure.

Section 5. Attendance and Quorums

- (A) Any Trustee or Officer who fails to attend two consecutive meetings without providing an explanation to the President or EVP before the second missed meeting may be deemed insufficiently interested and may, by a majority vote of the EB, be replaced.
- (B) A majority of the duly elected members of those present shall constitute a quorum of the EB and shall have full authority to transact any/all business of the Association.
- (C) Fifty (50) CAMA members shall constitute a quorum at the Annual Business Meeting.

[Section 6. Nominating Committee

- (A) Officers and trustee members shall be nominated by the Nominating Committee.
- (B) The Nominating Committee shall conduct its activities by various means of communication, but will utilize email communications when finalizing its nominations.
- (C) The final report of the Nominating Committee shall be made to the EB prior to the Annual Scientific Meeting and orally at the annual Business Meeting during the Annual Scientific Meeting.

Section 7. Additional Nominations

- (A) Any CAMA member in good standing may offer additional nominations(s). In order to do so, The member must include the full name of the nominee and the office for which they are nominated. The nominating member must provide written notice of the nomination to the EVP no less than twenty-four hours before the Annual Business Meeting. The written notice must also be accompanied by a petition of the at least 2% of the active members of the Association. Lastly, the nominating members must formally announce the nomination from the floor at the Annual Business Meeting.

(B) For final consideration of the nomination(s), at least two thirds majority vote of the members in attendance at the Annual Business Meeting must be provided to accept the nomination(s) for the named position.]

ARTICLE XIV. COMMITTEES

Section 1. Executive Committee (EC)

- (A) The elected officers of the Association and the Immediate Past President shall constitute the EC. A simple majority shall constitute a quorum. The EC shall be empowered to conduct the business of the Association between meetings of the EB. The EVP shall be an ex officio member of the EC.

Section 2. Ad Hoc Committees

- (A) The President, with the advice and approval of the EB, may appoint ad hoc committees to assist in the work of the EB. The President shall appoint the chairperson of each ad hoc committee.

Section 3. Standing Committees

- (A) ~~[The following] S[standing committees [will report to the following Vice Presidents and be appointed and supervised by the elected Vice Presidents and reporting to those Vice Presidents shall be organized as follows:~~

1. Vice President for Management and Planning

- a. Awards. ~~[The appointed Chair for this committee is to be the Immediate Past President by default. If the Immediate Past President declines or abstains from accepting this appointment, then a volunteer or duly nominated non-elected member may be appointed as the Awards Chair by the Nominating Committee.]~~
- b. Bylaws. ~~[The appointed Chair of this committee is to also be named, and conduct meetings as, the Parliamentarian by default. If the Bylaws chairperson declines to accept the Parliamentarian role, or is absent from a meeting, then a volunteer or duly nominated non-elected member may be appointed as Parliamentarian by the Nominating Committee – on either a temporary role during meeting absence by the Parliamentarian, or on a permanent role with declination by the Bylaws Chair.]~~
- c. History. ~~[The appointed Chair for this committee is to be named the Historian.]~~
- d. Long Range Planning. ~~[The appointed Chair for this committee is to be the President-Elect by default.]~~

- e. Membership
- f. Civil Space Medicine
- 2. Vice President for Education
 - a. Arrangements
 - b. Education/Training
 - c. Safety and Human Factors
 - d. Scientific Program
- 3. Vice President for Representation and Communication
 - a. International Activities
 - b. Public Affairs
 - c. Website

[B. The Nominating Committee is a standing committee and will report to the President. It shall be made of two Executive Co-Chairpersons, the Immediate Past President, the two Past Presidents immediately preceding the Immediate Past President, the President-Elect, the EVP, and the Chairperson from each Committee. The Immediate Past President shall serve as a member of the Nominating Committee for a two-year term and then shall be appointed as one of the Executive Co-Chairpersons for a two-year term. The other Executive Co-Chairperson shall be appointed by the President. If another committee chairperson declines or abstains from being a member of the Nominating Committee, and if there are no other representatives available from their respective committee to serve on the Nominating Committee, then the President may replace them with another Past President.]

ARTICLE XV. PUBLICATIONS

Section 1. Print/Electronic

- (A) A CAMA publication shall be printed or produced electronically at regular intervals as determined by the EB. The Editor and Associate Editors, appointed by the President, shall be responsible for its content. They shall be guided by widely accepted standards of objective journalism. The Editor or an Associate Editor shall, insofar as is practical, attend all meetings wherein Association business is conducted.

Section 2. Website

- (A) Subject to the approval of the EB, the Association may post a site in the internet. A webmaster, approved by the EB, shall be responsible for maintaining the CAMA web site. Contents of the site shall be approved by the President with guidance and advice from the EB.



EDUCATIONAL OPPORTUNITIES

Online Training, Refresher, and Resources for Continuing Medical Education (CME) Credit

With the potential travel and meeting restrictions imposed by COVID-19, opportunities for AME training and CME may become somewhat limited.

Ronan Murphy, MBChB, the CAMA Vice President of Education, has indicated that there are still resources online for those AMEs who need training and/or CME credits. Please see the information and links listed below.

If you are interested in becoming an AME, please contact the [FAA Regional Office](#) responsible for your locality. AME seminar attendance requires advance approval of the [AAM-400 Education Division](#).

Available resources from FAA 400 Education Division:

1. FAA AME refresher courses may be moved to a Zoom format if necessitated by COVID-20 restrictions. Click the link below to access the course schedules 2022:

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/seminar_schedule/

- Attendance requires approval in advance. Contact your Regional Flight Surgeon for approval, and the RFS staff will check availability for the course of your choice.
- Registration opens three months prior to the start date of the seminar.
- Participants must have an FAA Designee Registration System account (DRS) to sign up for the AME Refresher course
- If you do not have an account on DRS and wish to have one, click the following link for instructions:

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/media/drs.pdf

2. To locate other online courses that offer CME, click the following link:

https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/amettraining/

- Clinical Aerospace Physiology Review for Aviation Medical Examiners (CAPAME) – 6 hours American Association of Family Practitioners (AAFP) CME credit available
- Multimedia Aviation Medical Examiner Refresher Course (MAMERC) 3.0 - 6 hours AAFP CME credit available

NOTE: See the following page of this publication for a list of all 2023 courses and dates.

FEDERAL AIR SURGEON'S PILOT MINUTE VIDEO FILES (To activate each link, use "control" and "mouse click" at the same time)

[Pilot_Minute: What is jet lag and how can I prevent it?](#)

[Pilot_Minute: How is the FAA approaching new treatments for cancer?](#)

[Pilot_Minute: How do we encourage the brightest minds into aviation?](#)

[Pilot_Minute: How do I check my application status in MedXPress?](#)

[Pilot_Minute: Is it okay to fly if I'm just a little tired?](#)

[Pilot_Minute: What should I do if I have depression or anxiety?](#)

[Pilot_Minute: Why is it important to assess my health before piloting an aircraft?](#)

[Pilot_Minute: Why is it important to do a PRICE check before and during a flight?](#)

[Pilot_Minute: Why is it important to be careful with over-the-counter cold and sleep medications?](#)

[Pilot_Minute: Why is acceleration tolerance important for general aviation?](#)

[Pilot_Minute: What are the most essential items for a good survival kit?](#)

[Pilot_Minute: What's going on with the Aeromedical Summit?](#)

[Pilot_Minute: What are some tips for speeding up my medical certification?](#)

AVIATION MEDICAL EXAMINER (AME) SEMINAR SCHEDULE

For full information, visit the FAA web site at: https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/seminar_schedule/

DATE OF SEMINAR	SEMINAR LOCATION	SEMINAR TYPE
May 22-26, 2023	New Orleans, LA	AsMA
June 12-16, 2023	Oklahoma City, OK	Basic
August 4-6, 2023	Washington, DC	Refresher
October 5-7, 2023	Omaha, NE	CAMA
October 23-27, 2023	Oklahoma City, OK	Basic

The 2023 seminar schedule shown MAY change to virtual format should COVID-19 protocols change in 2023.

We (FAA) recommend that you make sure all travel and lodging reservations are refundable. While scheduled to proceed as in-person seminars, one or more of these sessions may be rescheduled as a virtual seminar with little notice. These seminars will open for registration when the contract is approved and hotel room block information is received. The CAMA seminar registration is now open.

Register for a Refresher Seminar

Registration opens **three months** prior to the start date of the seminar. To register for a refresher seminar, you will need an account to access the Designee Registration System (DRS). Please review the instructions (PDF) on the FAA web site for creating a DRS account. Registration is open to the FAA Aviation Medical Examiner (AME)

If you are interested in becoming an AME, please contact the FAA Regional Office responsible for your locality. AME seminar attendance requires advance approval of the AAM-400 Education Division.

Accreditation Statement

The Civil Aerospace Medical Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Seminar Types

Basic

A 4 1/2 day AME seminar focused on preparing physicians to be designated as Aviation Medical Examiners. Contact your Regional Flight Physician

Refresher

A 2 1/2 day AME refresher seminar consisting of 12 hours of AME specific subjects. You must use the Designee Registration System (DRS) to register for a seminar.

Aerospace Medical Association (AsMA)

A 3 1/2 day AME seminar held in conjunction with the Aerospace Medical Association (AsMA). Registration must be made through AsMA. Call 703-739-2240, extension 106/107. A registration fee is charged by AsMA to cover their overhead costs. Registrants have full access to the AsMA meeting.

Civil Aviation Medical Association (CAMA)

Sanctioned by the FAA, this seminar is sponsored by the Civil Aviation Medical Association (CAMA) and does fulfill the FAA recertification training requirements. Registration may be completed through the CAMA web site Annual Meeting page (www.civilavmed.org) or by calling CAMA at 770-487-0100

AME MINUTE ISSUE GUIDE

The FAA issues monthly reminders/updates for Aviation Medical Examiners in the form of a brief audio file with information on an important subject. Following is a summary of the most recent AME Minute issuances, in case you might have missed one. AME Minute items may be accessed from the FAA archive at: https://www.faa.gov/other_visit/aviation_industry/designees_delegations/designee_types/ame/videos/

[AME Minute: Why did the FAA change vision limitations?](#)
[AME Minute: Why are commercial balloon pilots asking for exams?](#)
[AME Minute: Why do CACIs require specific verbiage?](#)
[AME Minute: Why does the FAA list some medications as conditionally acceptable?](#)
[AME Minute: Why did the FAA revise the GO AME website?](#)
[AME Minute: Medical Certification Updates for the AME – September 2017](#)
[AME Minute - 10 Color Vision Testing](#)
[AME Minute: Why should AMEs review visits to health professionals?](#)
[AME Minute: Why would a pilot need a verbal authorization?](#)
[AME Minute: Why did I receive a letter about a vision restriction?](#)
[AME Minute: Why does the FAA disallow AMEs from using PRNC?](#)
[AME Minute: Why does the FAA allow recertification of pilots with CHD?](#)
[AME Minute: Why do different anticoagulants have different wait times?](#)
[AME Minute: Why did the FAA introduce a policy on the TAVR procedure?](#)
[AME Minute: Why is the FAA concerned about left atrial appendage closure?](#)
[AME Minute: Why are there new requirements for AFIB or A-Flutter?](#)
[AME Minute: Why can breast cancer be issued by an AME?](#)
[AME Minute: Why do AMEs need to update their profile in DMS annually?](#)
[AME Minute: Why did the FAA issue new guidance regarding pancreatitis?](#)
[AME Minute: Why is the FAA concerned about Over the Counter Sleep Aids?](#)
[AME Minute: Why does the monitoring protocol for ITDM require so many reports?](#)
[AME Minute: Why is the FAA now certifying pilots who are on insulin?](#)
[AME Minute: Why did the FAA add an upload feature to AMCS?](#)
[AME Minute: Why do pilots need to be concerned about CBD products?](#)
[AME Minute: Why do AMEs need to worry about Subpoenas? Part 2](#)
[AME Minute: Why do AMEs need to worry about Subpoenas?](#)
[AME Minute: Why is Unexplained Syncope Aeromedically Significant?](#)
[AME Minute: Why is an evaluation required post myocardial infarction?](#)
[AME Minute: Why is Chronic Immune Thrombocytopenia a CACI?](#)
[AME Minute: Why was the CACI program developed?](#)
[AME Minute: Why is an Incomplete Right Bundle Branch Block considered a normal variant?](#)
[AME Minute: When is a Special Issuance required under BasicMed?](#)
[AME Minute: What Makes Aerospace Medicine Unique?](#)
[AME Minute: Near and Intermediate Vision Testing](#)
[AME Minute: New Oral Anticoagulants in the DVT Protocol](#)
[AME Minute: Identification of ECG Normal Variants Reduces Delays - Part 5](#)
[AME Minute: Double Vision and Heterophoria Testing](#)
[AME Minute: Aeromedical Implications of Disability Benefits Reported by Pilots](#)
[AME Minute: Identification of ECG Normal Variants Reduces Delays - Part 4](#)
[AME Minute: What's So Special About Disposition Tables?](#)
[AME Minute: What the FAA Needs to Know About Monovision Lenses](#)
[AME Minute: Why did the FAA update criteria for PTSD?](#)
[AME Minute: Identification of ECG Normal Variants Reduces Delays - Part 3](#)
[AME Minute: Identification of ECG Normal Variants Reduces Delays - Part 2](#)
[AME Minute: Identification of ECG Normal Variants Reduces Delays - Part 1](#)
[AME Minute: How Do AMEs Keep Designation Information Up To Date?](#)
[AME Minute: Radionuclide Stress Test and Holter monitor: What does the FAA Want?](#)
[AME Minute: CACI Worksheets Speed Up Medical Certification](#)
[AME Minute: How Certification Aids Speed up Information Collection for Pilots](#)
[AME Minute: Colon cancer timeframes for medical certification](#)
[AME Minute: The SSRI recertification checklist](#)
[AME Minute: Why did the FAA add new guidance for some psychiatric conditions?](#)
[AME Minute: Why did the FAA add an application status dashboard to MedXPress?](#)
[AME Minute: Why does the FAA need a detailed clinical progress note?](#)
[AME Minute: Why do AMEs need to transmit exams within 14 days?](#)
[AME Minute: Why did the FAA create new OSA status report requirements?](#)
[AME Minute: Why do some autoimmune arthritis medications no longer require a Special Issuance?](#)

Civil Aviation Medical Association

Sustaining, Corporate, and Life Members

The financial resources of individual member dues alone cannot sustain the Association's pursuit of its broad goals and objectives. Its fifty-plus-year history is documented by innumerable contributions toward aviation health and safety that have become a daily expectation by airline passengers worldwide. Support from private and commercial sources is essential for CAMA to provide one of its most important functions: that of education. The following support CAMA through corporate and sustaining memberships, and we recognize the support of our lifetime members:

Corporate Members & Sponsors

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421 Aviation Way
Frederick, MD 21701
www.aopa.org

AirDocs Aeromedical Support Services
Gregory Pinnell, MD
MBS International Airport
8430 Garfield Road
Freeland, MI 48623
www.airdocs.net

Air Line Pilots Association, International
John Taylor, National Pilot Assistance Chair
7950 Jones Branch Drive, Suite 400 S
McLean, VA 22102
www.alpa.org

Allied Pilots Association
14600 Trinity Boulevard, Suite 500
Fort Worth, TX 76155
www.alliedpilots.org

Aviation Medicine Advisory Service
15530 E. Broncos Parkway, Suite 350
Centennial, CO 80112
www.aviationmedicine.com

BetterNight Solutions
54714 Kearny Villa Road, Suite 200
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www.betternight.com

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The Ison Law Firm
Anthony Ison, Esq.
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www.thepilotlawyer.com

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Phoenix, AZ 85016
www.medaire.com

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5901 Philip J. Rhoads, Suite 118
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www.leftseat.com

Wingman Med, LLC
225 N. Pace Boulevard, Suite 410
Pensacola, FL 32505
PilotDoctors.com
www.wingmanmed.com

MAILING ADDRESS:

Civil Aviation Medical Association (CAMA)
P. O. Box 823177
Dallas, TX 75382



Telephone: 770-487-0100 (talk/text)
FAX: 770-487-0080
Web Site: www.civilavmed.org

NOTE: The articles published in this newsletter are presented for informational purposes and topics of discussion and do not necessarily represent the opinions or recommendations of the Civil Aviation Medical Association.

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www.AOPA.org
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*MEMBER STREET ADDRESS:	
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AME NUMBER:		SENIOR AME?	YES		NO	
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Permission to add name and address to the CAMA Web Site in the Members Only Section?	YES		NO	
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Please complete and return with your payment.

NOTE: Membership is from January 1st through December 31st of each year

Membership dues..... \$ 150.00 U.S. Dollars
 Sustaining Membership dues (optional)..... \$ 300.00 U.S. Dollars
 Membership dues for Retired Members..... \$ 50.00 U.S. Dollars
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 Life Membership.....\$1500.00 U.S. Dollars

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Return form to: CAMA
 P. O. Box 823177
 Dallas, TX 75382
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CAMA CORPORATE MEMBERSHIP FOR 2023



Corporation/Business Name and Address:

Please complete and return with your payment.

NOTE: Membership is from January 1st through December 31st.
Corporate Membership dues..... \$ 350.00 U.S. Dollars.
CAMA accepts MasterCard, VISA, American Express, and checks only. You may pay corporate dues online on the "Members Lounge" page of the CAMA web site at www.civilavmed.org

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Dallas, TX 75382
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